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Polymeric nanoparticles augment the ocular hypotensive effect of melatonin in rabbits

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# Alternative strategies for eye treatment

- $\Rightarrow$  bioadesive hydrogels
- $\Rightarrow$  *in situ* gel forming biomaterials
- $\Rightarrow$  vesicular nanocarriers
- ⇒ polymeric nanoparticles
- $\Rightarrow$  lipid-based nanocarriers (NLC, SLN)
- $\Rightarrow$  inserts
- $\Rightarrow$  cyclodextrins
- $\Rightarrow$  micro/nano-emulsions
- $\Rightarrow$  high-viscosity fluids

#### **Advantages of ocular DDS**

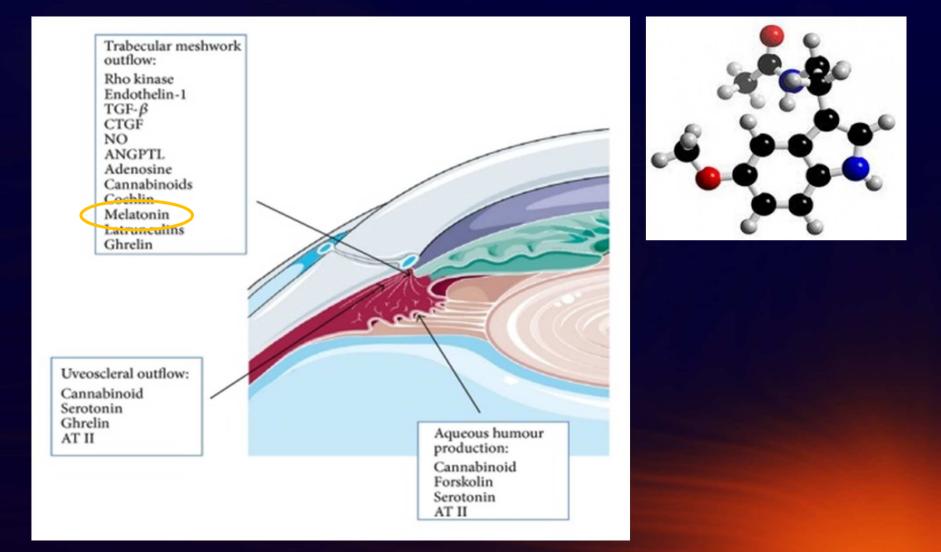
Mucoadhesion
Prolonged drug release
Enhanced drug absorption
Side-effects reduction
Ocular clearance lowering

The new NANO-*i* Research Center is proposing to perform basic and industry-oriented researches in the field of controlled/targeted ocular drug delivery





#### new therapeutic targets for glaucoma



*Rocha-Sousa et al., ISRN Ophthalmology, 2013* 5

Bucolo et al., Curr Opin Pharmacol., 2013



MEL receptors MT<sub>1</sub> and MT<sub>2</sub> are distributed in the cornea, choroid, sclera, photoreceptors, RGCs and retinal blood vessels.

MT<sub>1</sub> receptors have been identified in the corneal epithelium, stroma, sclera, and endothelium of *Xenopus* eyes.

Three types of melatonin receptors, namely  $Mel_{1a}$  (MT<sub>1</sub>),  $Mel_{1b}$  (MT<sub>2</sub>) and  $Mel_{1c}$  are localized in the retina.

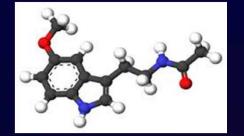
#### In the eye, locally synthesized melatonin has been associated different actions:



 regulate retinomotor movements •rod outer segment disc shedding dopamine synthesis and release differential regulation of the growth and remodeling of fibrous and cartilaginous scleral layers aqueous humor secretion & circadian control of IOP antioxidant effect (free radical scavenger) protect photoreceptor outer segment membranes from light-induced free radical attack.



- A study revealed that <u>KO mice</u> <u>for MT1 receptors</u> had higher IOP levels during the nocturnal hours than controls or KO mice for MT2 receptors at 3 and 12 months of age.
- Administration of exogenous melatonin significantly reduced IOP levels in wild-type mice, but not in the MT1 knock-out mice.



#### the studied nanocarriers:

## PLGA & PLGA-PEG NANOPARTICLES

## SOLID LIPID NANOPARTICLES (SLN)

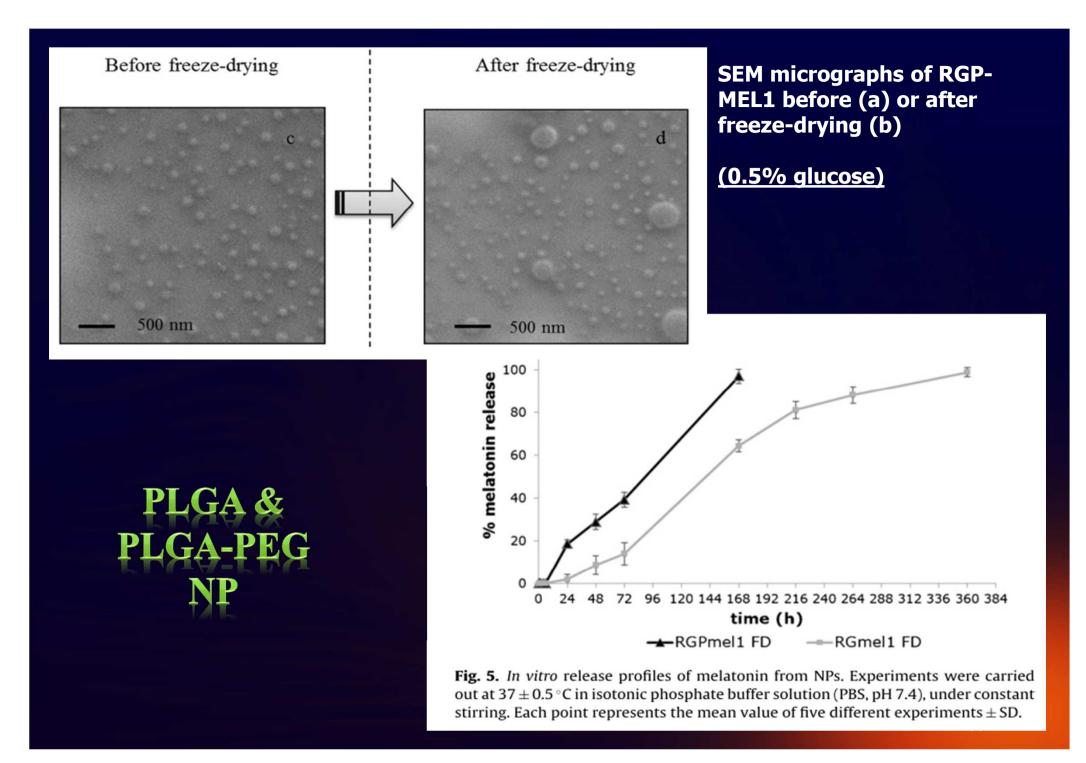


## PLGA & PLGA-PEG NANOPARTICLES

were produced using a solvent displacement technique at various MEL concs. (1, 3, 5% by weight)

> mean size: **50-300 nm** Zeta potential: -35 mV / -8 mV

possibility of - freeze-dryingsterilization







#### by a lab-developed <u>QESD technique</u> (Quasi-emulsion Solvent Diffusion)

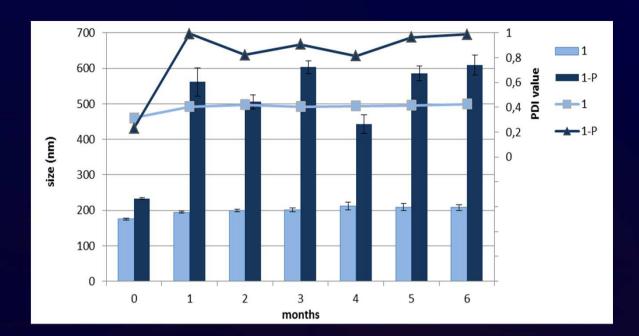
#### formulation variables: DDAB, palmitic or stearic acids

mean size: **150-300 nm** Zeta potential up to **+60 mV** 

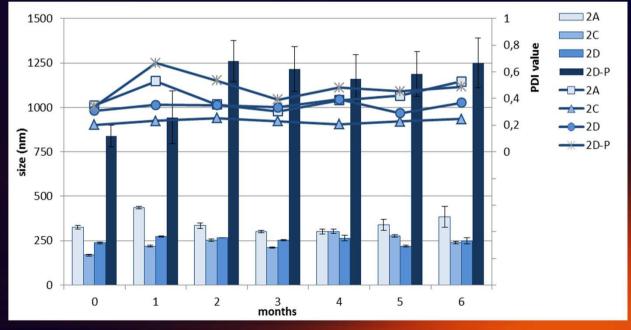
sterilizable (by autoclave or filtration)

#### **QESD** features:

- ✓ Low working temperatures
- $\checkmark$  No or low surfactant concentration
- ✓ ICH Class 3 solvents



Mean size and PDI changes upon storage of cSLN at 4 °C.



#### **Ocular tolerability**

Modified Draize test (Bucolo et al., 2004)

The tested nanocarriers did not cause ocular inflammation or tissue alteration in the rabbit eye.



Scores for conjunctival congestion, swelling and discharge were <u>zero</u> for all the experiments, except than congestion at 10 min (score 1).

Iris hyperemia and corneal opacity scores were also <u>nil</u> in all the observations.

#### In vivo assays



Intraocular pressure was measured in male New Zealand albino rabbits, using a Tono-Pen XL tonometer (Mentor; Norwell, MA) calibrated according to the manufacturer's instruction.

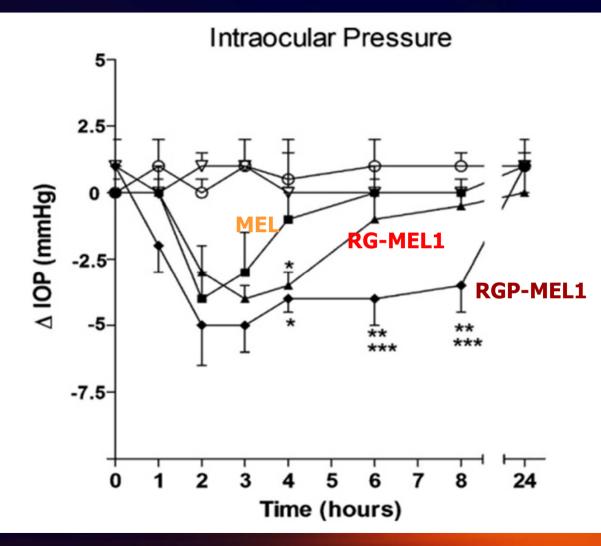
Before tonometry, 10 µL of 0.4% oxybuprocaine hydrochloride was applied to the corneas to minimize any discomfort to the animal.

## Intraocular pressure in normotensive rabbit eyes after instillation of a MEL aqueous solution ( $\Box$ ) or NPs: RG ( $\circ$ ), RGP ( $\nabla$ ), RG-MEL1 ( $\triangle$ ), RGP-MEL1 ( $\blacklozenge$ ).

topical

\*p < 0.01, \*\*p < 0.001 vs. MEL

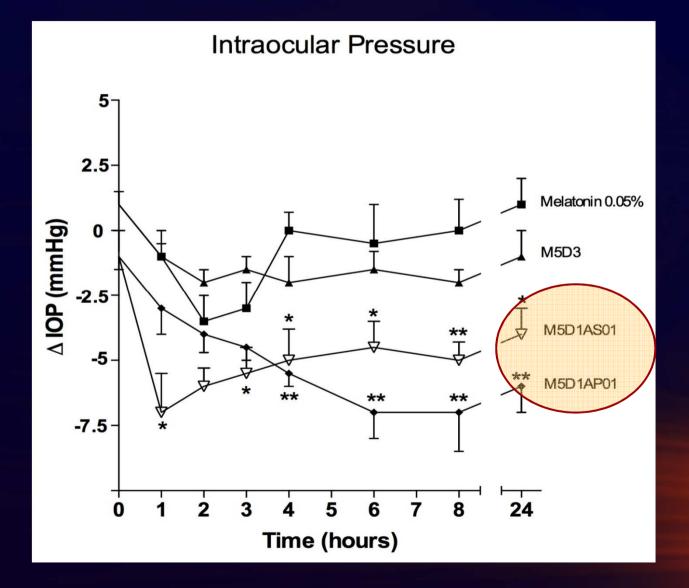
\*\*\*p < 0.001 vs. RGP-MEL1





#### **IOP** in normotensive rabbit eyes after topical instillation of MEL aqueous solution ( $\Box$ ) or MEL-loaded SLN: RGP ( $\nabla$ ), RG-MEL1 ( $\triangle$ ), RGP-MEL1 (•).

\*p < 0.05, \*\*p < 0.01 vs. MEL





### **Conclusions - I**

Melatonin can be efficaciously encapsulated in polymeric or lipid nanoparticles, showing good technological properties and stability.

### **Conclusions - II**

Plain as well as drug-loaded nanoparticle suspensions showed a complete ocular tolerability in rabbit.

### **Conclusions - III**

In vivo, both SLN and polymeric NPs ensured an activity comparable or higher than MEL eye-drops, but with a much longer duration of

the IOP-reducing effect.

### **Conclusions - IV**

The positive technological features (like the possibility to sterilize or freeze-dry) are interesting for a further optimization of these nanotech formulations.

#### Credits

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