



Dipartimento di Scienze del Farmaco e della Salute  
Università di Catania  
IRCSS Oasi Troina, Italy  
INSERM, Neurocentre Magendie,  
Université de Bordeaux



# ***Terapia con i LAI di seconda generazione nella prevenzione delle ricadute psicotiche: aspetti neurobiologici e farmacologici***

***Filippo Caraci***

**LA FRATTURA  
DEI LEGAMI  
PSICOSOCIALI**

APPROCCI RELAZIONALI E COMUNITARI IN  
SALUTE MENTALE IN EPOCA DA PANDEMIA  
DA COVID 19

2 • 3 • 4 Dicembre 2020

***Catania 4-12-20***

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2 • 3 • 4 Dicembre 2020

# Targets, attitudes, and goals of psychiatrists treating patients with schizophrenia: key outcome drivers, role of quality of life, and place of long-acting antipsychotics

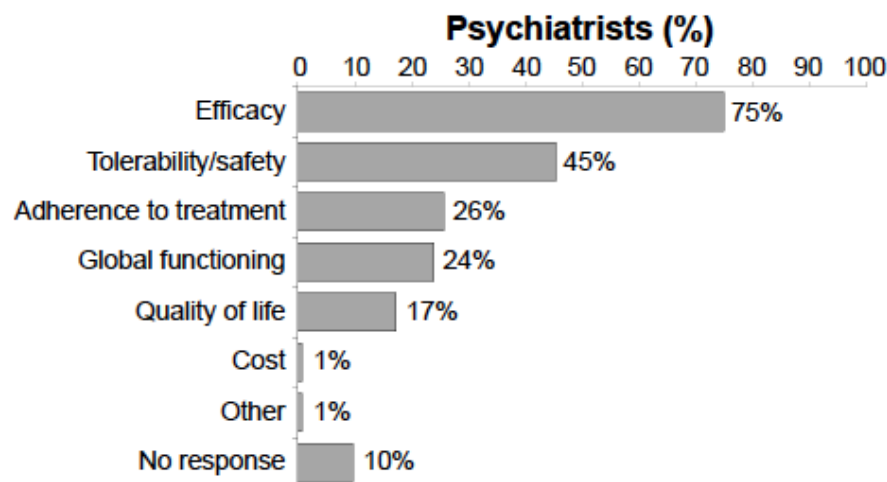
Andrea de Bartolomeis<sup>1</sup>

Andrea Fagiolini<sup>2</sup>

Marco Vaggi<sup>3</sup>

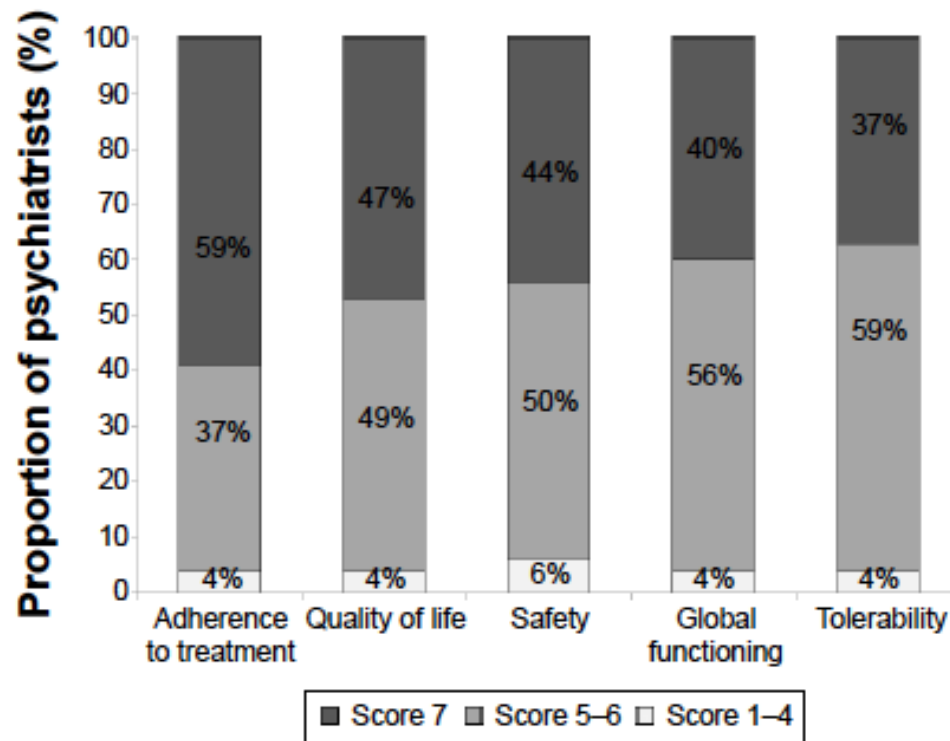
Claudio Vampini<sup>4</sup>

<sup>1</sup>Section of Psychiatry and Treatment Resistant Psychosis, Department of Neuroscience, University of Naples Federico II, Naples, Italy; <sup>2</sup>Department of Molecular and Developmental Medicine, School of Medicine, University of Siena, Siena, Italy; <sup>3</sup>Mental Health and Drug Addiction Department, Genovese, Genoa, Italy; <sup>4</sup>Department of Mental Health, Ospedale Civile Maggiore and ULSS 20, Verona, Italy



**Figure 2** Suggested parameters to be considered when evaluating the success of an antipsychotic therapy in patients with schizophrenia.

**Notes:** Responses to the question “Which parameters do you consider when evaluating the success of antipsychotic therapy in patients suffering from schizophrenia?” Percentage of the total number of times the specific domain has been reported in answering this open-ended unsolicited question by the 709 respondents.



**Figure 3** Domains of importance of preset responses when assessing treatment success rated from 1 (not important) to 7 (of utmost importance) by psychiatrists treating patients suffering from schizophrenia.

**Notes:** Responses to the question "How important do you think are the following items, except for the therapeutic efficacy, when assessing the success of an antipsychotic therapy in a patient with schizophrenia?" Percentage of responses mentioning the specific domain from a cohort of 709 respondents.

*Quali altri fattori considerare nella scelta dei LAI?*

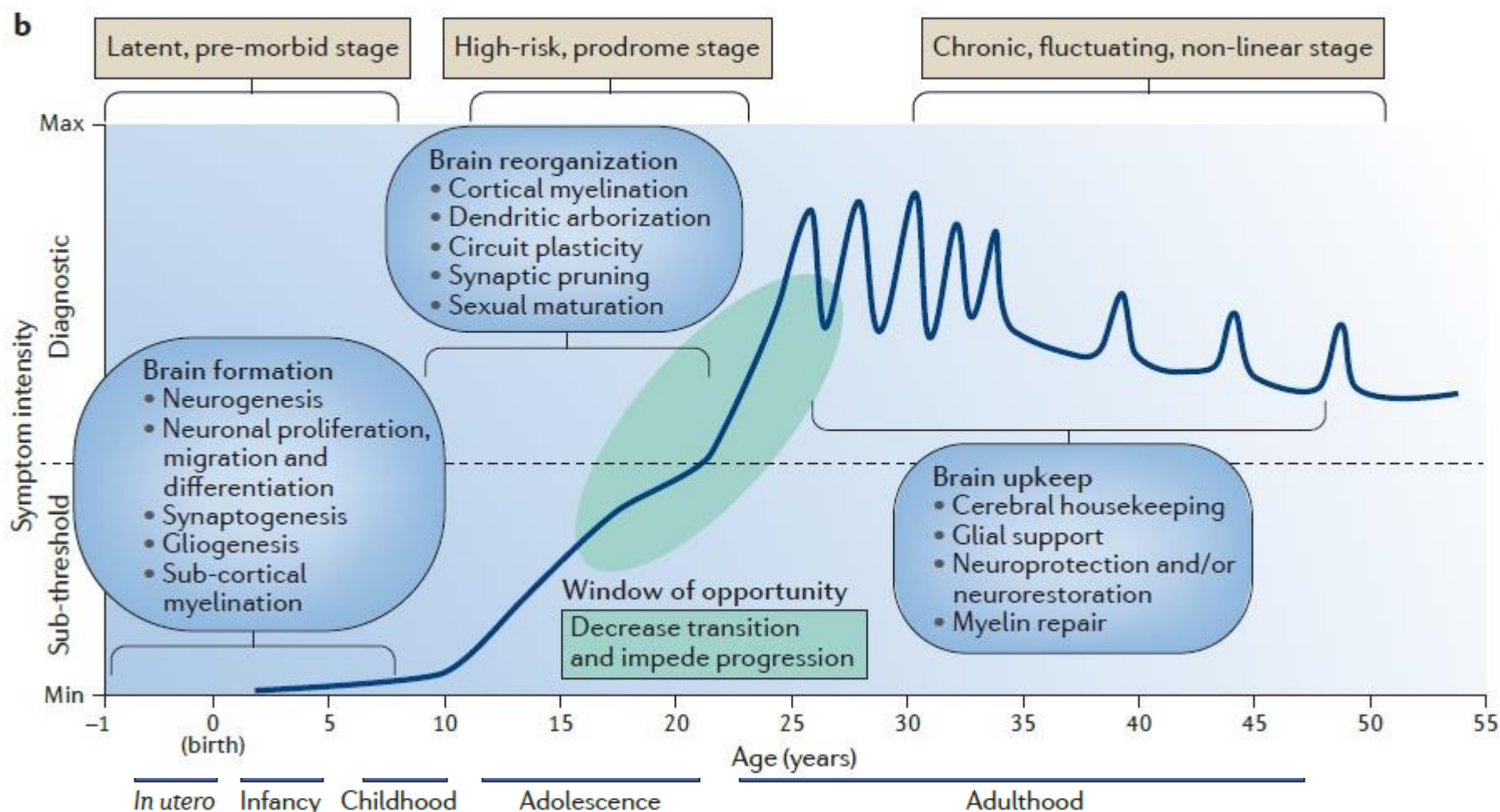
*Quanto possono contare gli aspetti neurobiologici ed una valutazione del decorso longitudinale della schizofrenia nella scelta del LAI ?*

# Altering the course of schizophrenia: progress and perspectives

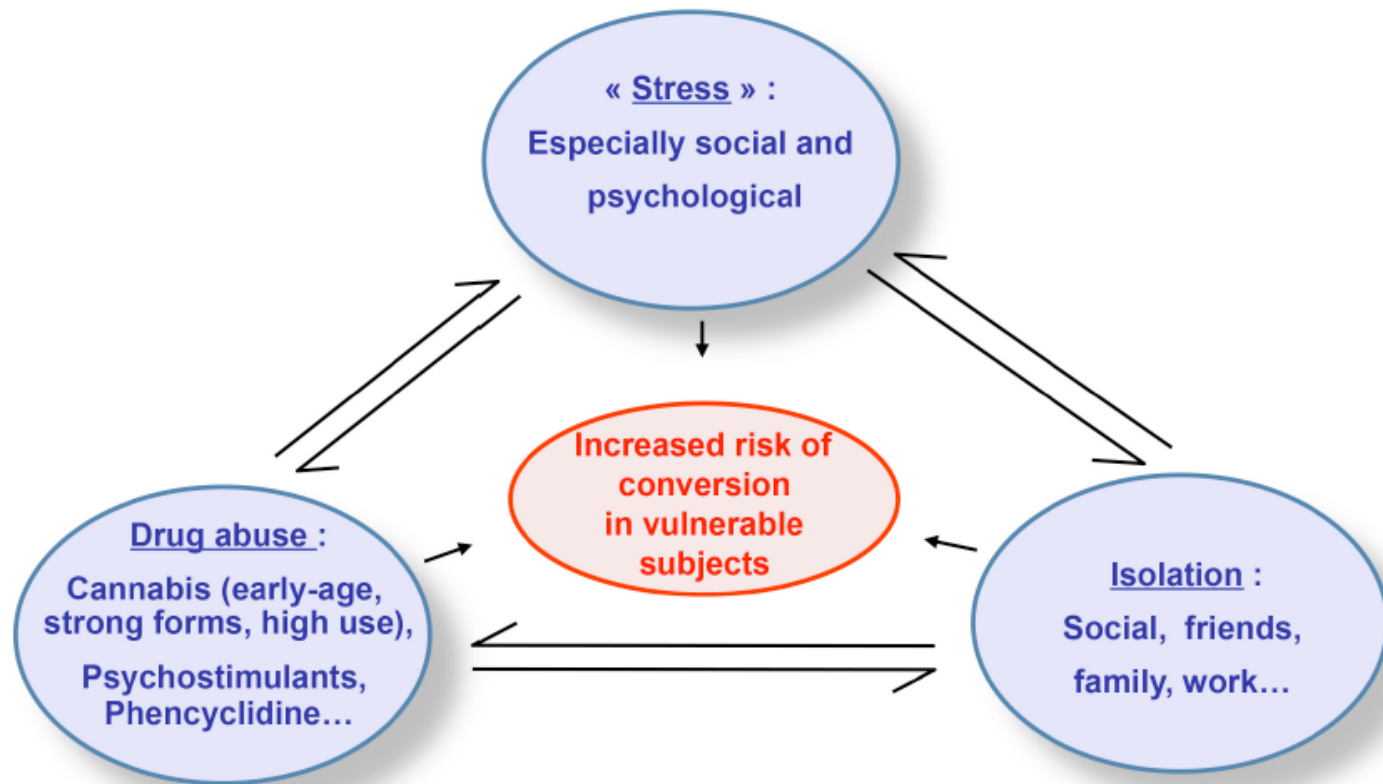
Mark J. Millan<sup>1</sup>, Annie Andrieux<sup>2</sup>, George Bartzokis<sup>3</sup>, Kristin Cadenhead<sup>4</sup>, Paola Dazzan<sup>5</sup>, Paolo Fusar-Poli<sup>5</sup>, Jürgen Gallinat<sup>6</sup>, Jay Giedd<sup>7</sup>, Dennis R. Grayson<sup>8</sup>, Markus Heinrichs<sup>9</sup>, René Kahn<sup>10</sup>, Marie-Odile Krebs<sup>11</sup>, Marion Leboyer<sup>12</sup>, David Lewis<sup>13</sup>, Oscar Marin<sup>14</sup>, Philippe Marin<sup>15</sup>, Andreas Meyer-Lindenberg<sup>16</sup>, Patrick McGorry<sup>17</sup>, Philip McGuire<sup>18</sup>, Michael J. Owen<sup>19</sup>, Paul Patterson<sup>20</sup>, Akira Sawa<sup>21</sup>, Michael Spedding<sup>22</sup>, Peter Uhlhaas<sup>20</sup>, Flora Vaccarino<sup>23</sup>, Claes Wahlestedt<sup>24</sup> and Daniel Weinberger<sup>25</sup>

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Published online 4 Mar 2016

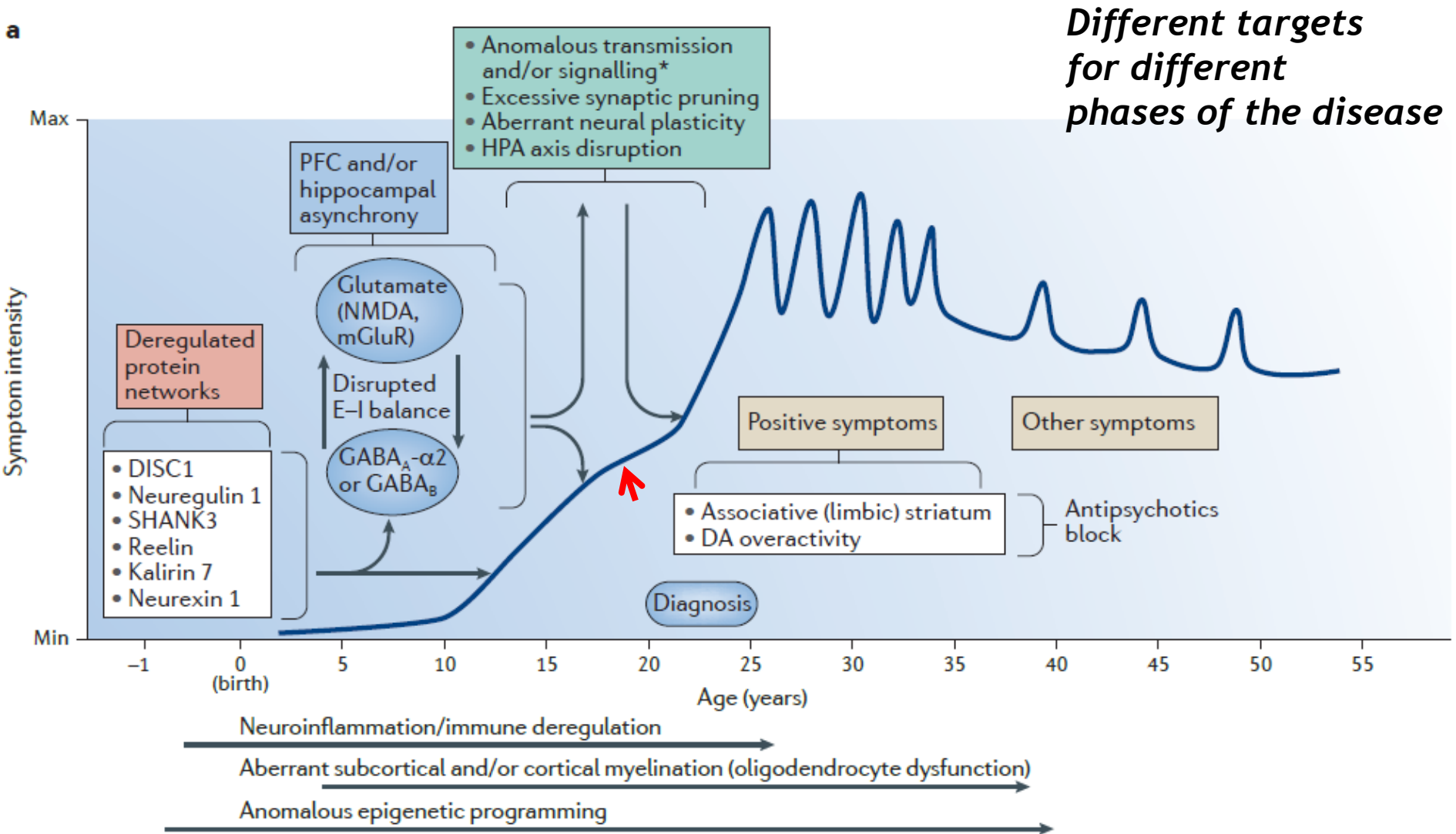


# *A 'triad' of interacting risk factors favouring transition to schizophrenia in young vulnerable individuals*

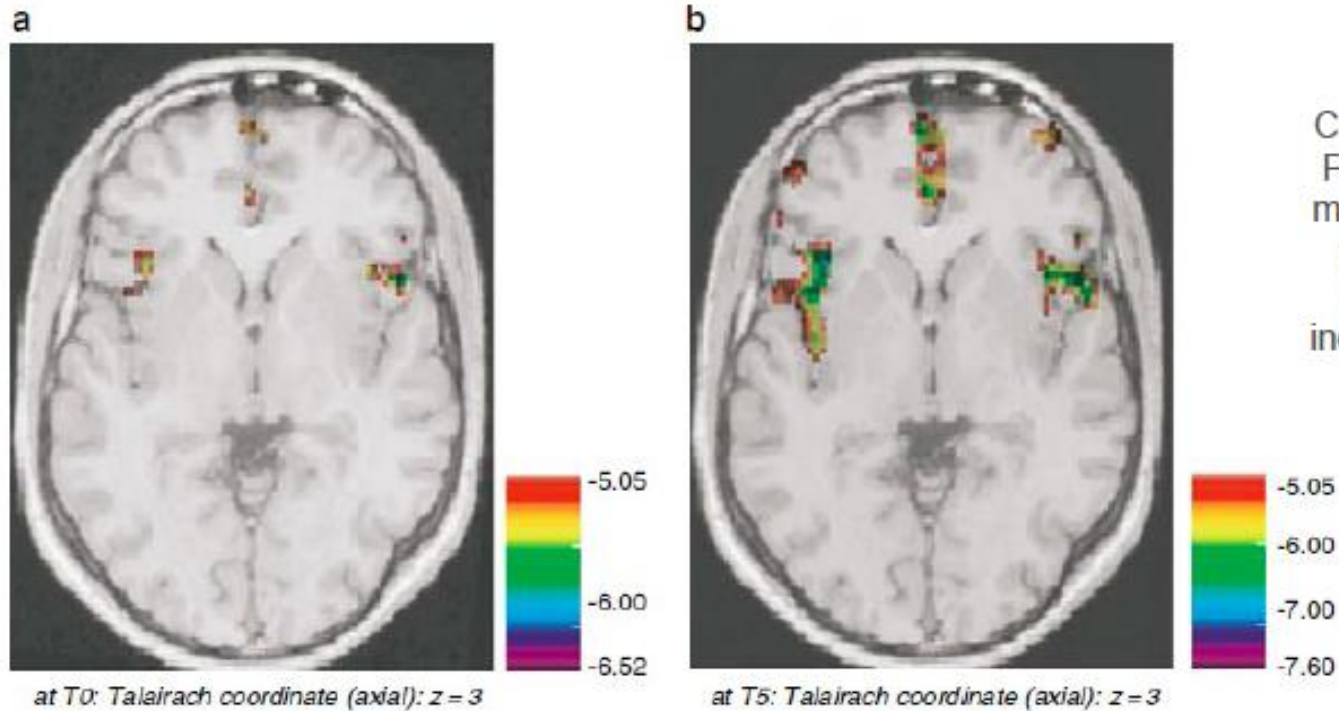


**Pharmacotherapeutic plus  
psychosocial and cognitive-behavioural strategies  
for alleviation**

# Core pathophysiological mechanisms in schizophrenia: potential targets for course-altering intervention



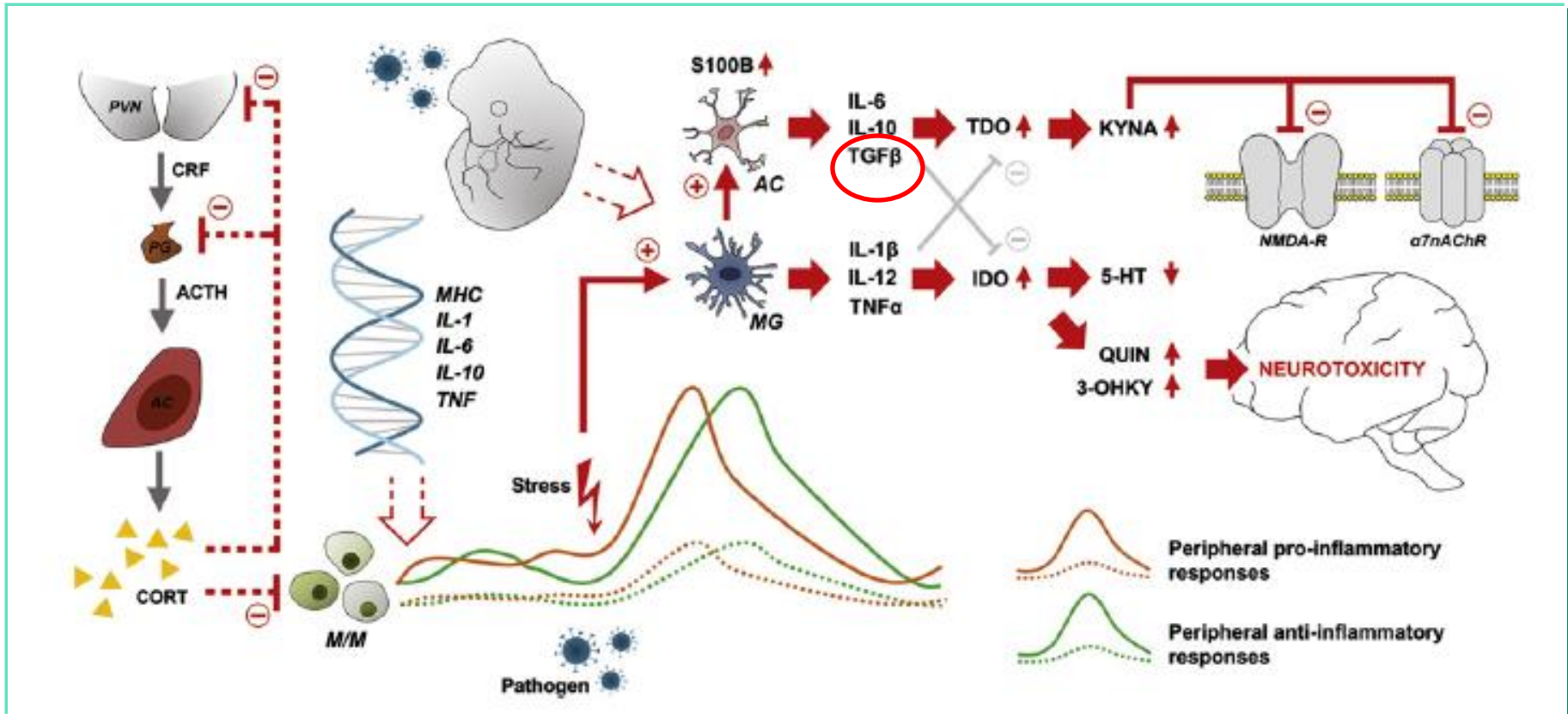
# Focal Gray Matter Changes in Schizophrenia : A 5-Year Follow-Up Study I



- Over the 5-year interval, excessive decreases in gray matter density were found in patients as compared to healthy individuals
- Progression in left frontal density loss appeared to be related to an increased number of psychotic episodes

# Inflammatory processes in schizophrenia: A promising neuroimmunological target for the treatment of negative/cognitive symptoms and beyond

Urs Meyer <sup>a,\*</sup>, Markus J. Schwarz <sup>b</sup>, Norbert Müller <sup>b</sup>



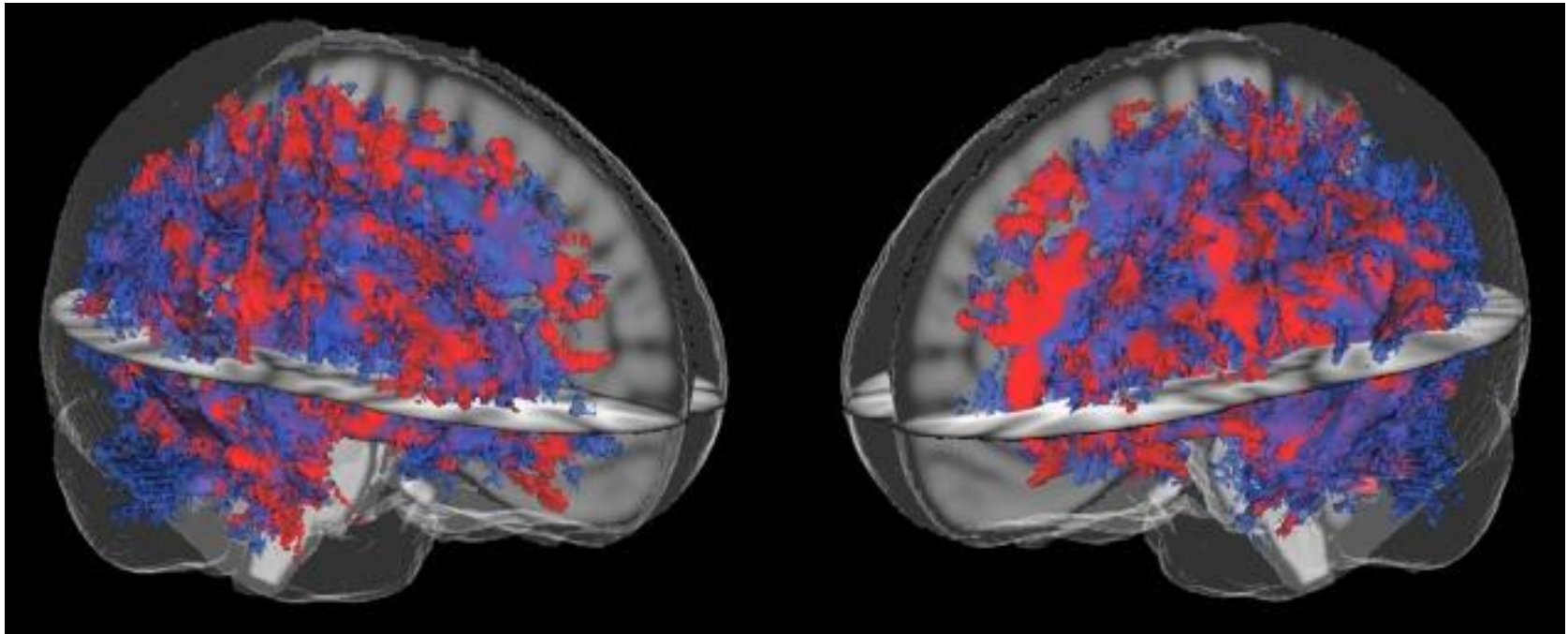
**Neuroinflammation leads to axonal degeneration in an early phase of schizophrenia's pathogenesis**



# Excessive Extracellular Volume Reveals a Neurodegenerative Pattern in Schizophrenia Onset

The Journal of Neuroscience, November 28, 2012 • 32(48):17365–17372 •

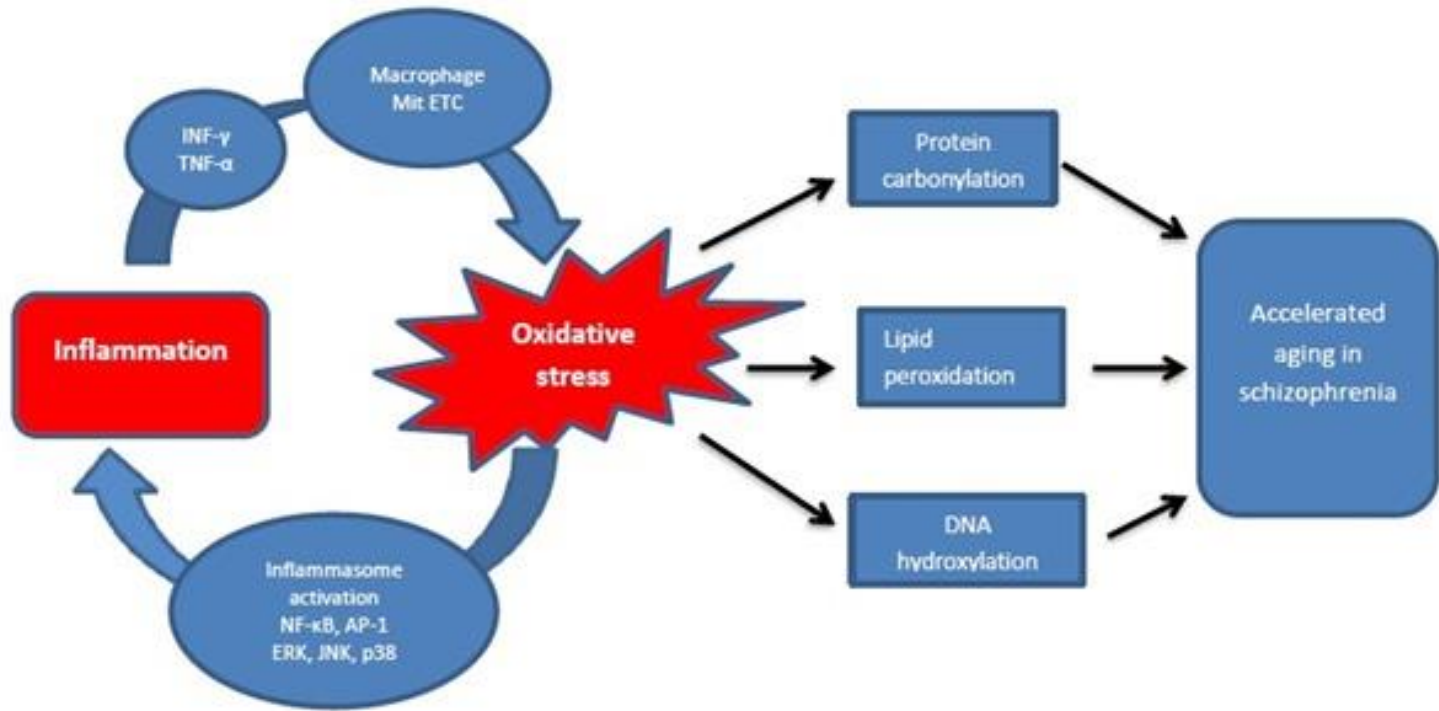
Ofer Pasternak,<sup>1</sup> Carl-Fredrik Westin,<sup>2</sup> Sylvain Bouix,<sup>1</sup> Larry J. Seidman,<sup>4,6</sup> Jill M. Goldstein,<sup>1,3,4</sup> Tsung-Ung W. Woo,<sup>5</sup> Tracey L. Petryshen,<sup>6,7,8</sup> Raquelle I. Mesholam-Gately,<sup>4</sup> Robert W. McCarley,<sup>4,9</sup> Ron Kikinis,<sup>2</sup> Martha E. Shenton,<sup>1,9</sup> and Marek Kubicki<sup>1</sup>



***Excessive extracellular volume is a surrogate biomarker for neuroinflammation and can be separated out by MRI (DTI) to reveal **axonal degeneration in prefrontal cortex*****

# Inflammation and oxidative stress in schizophrenia

- Inflammation and oxidative stress may reciprocally induce each other via a positive feedback loop
- The feedback loop involves the induction of increased production of ROS by proinflammatory cytokines (INF- $\gamma$  and TNF- $\alpha$ ) in macrophages/microglia



# Consequences of Relapse

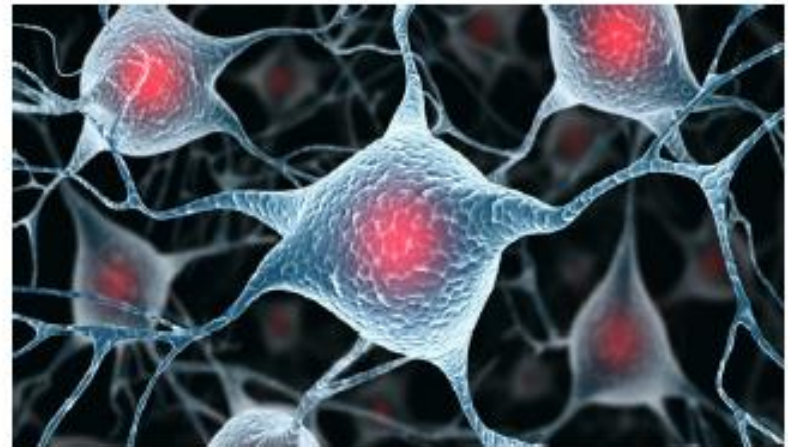
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## *Psychosocial*<sup>1</sup>

- Risk of self-harm and harm to others
- Relapse may:
  - Jeopardize interpersonal relationships
  - Interrupt employment or educational status
  - Diminish personal autonomy
  - Contribute to stigma

## *Biological*<sup>2</sup>

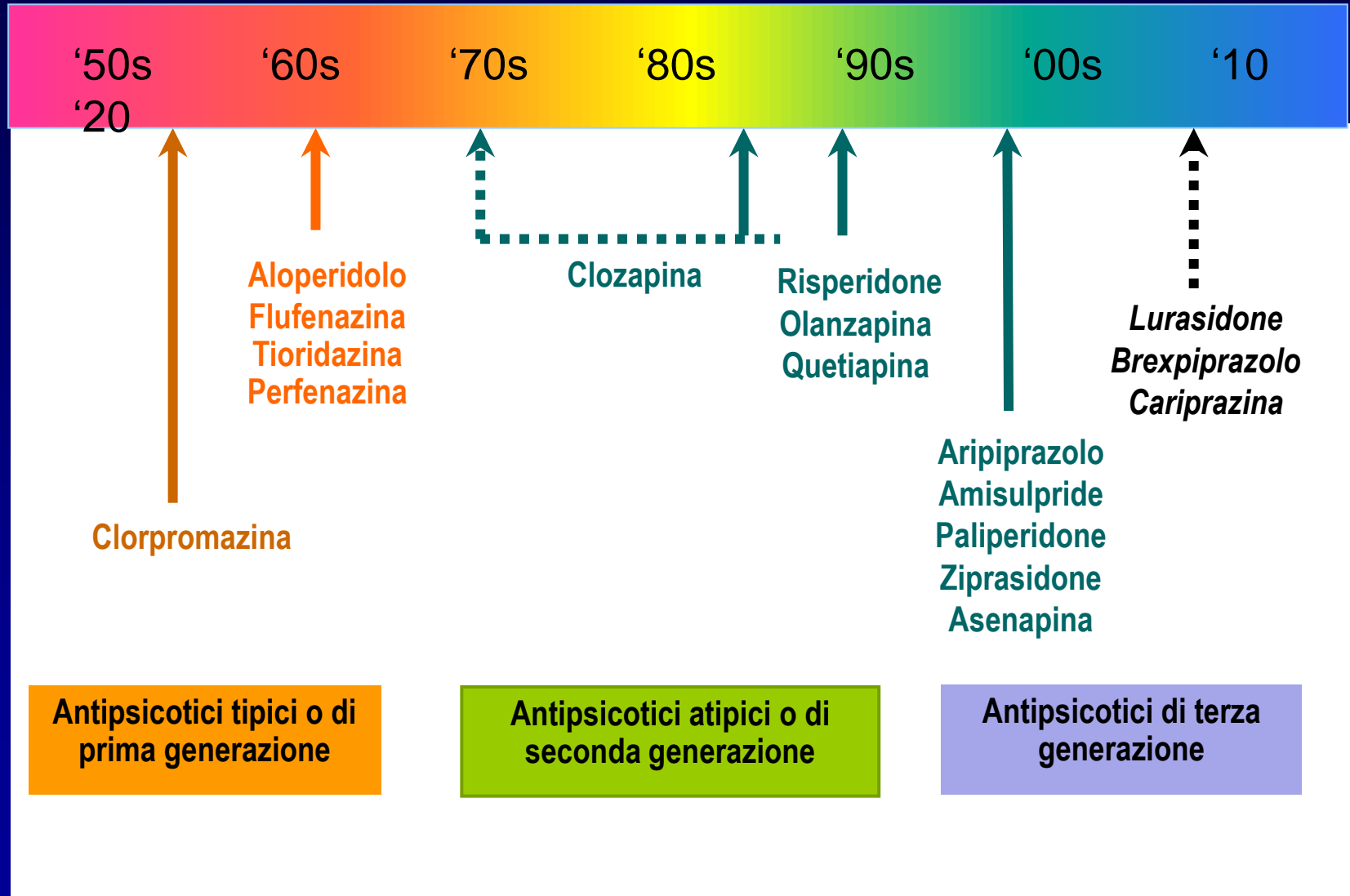
- Is psychosis neurotoxic?



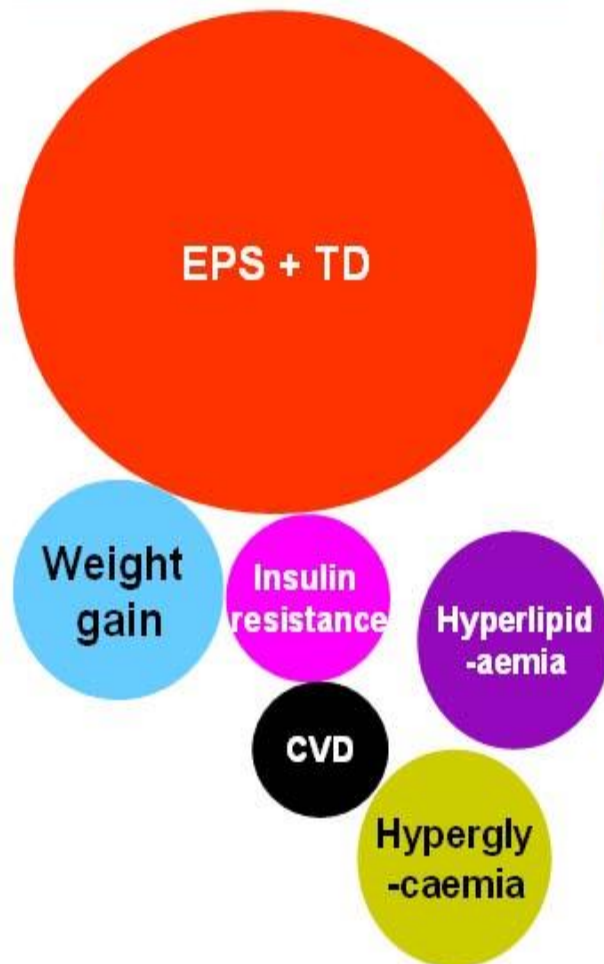
1. Kane. J Clin Psychiatry 2007; 68(suppl 14):27–30

2. Wyatt. Schizophr Bull 1991;17:325–351

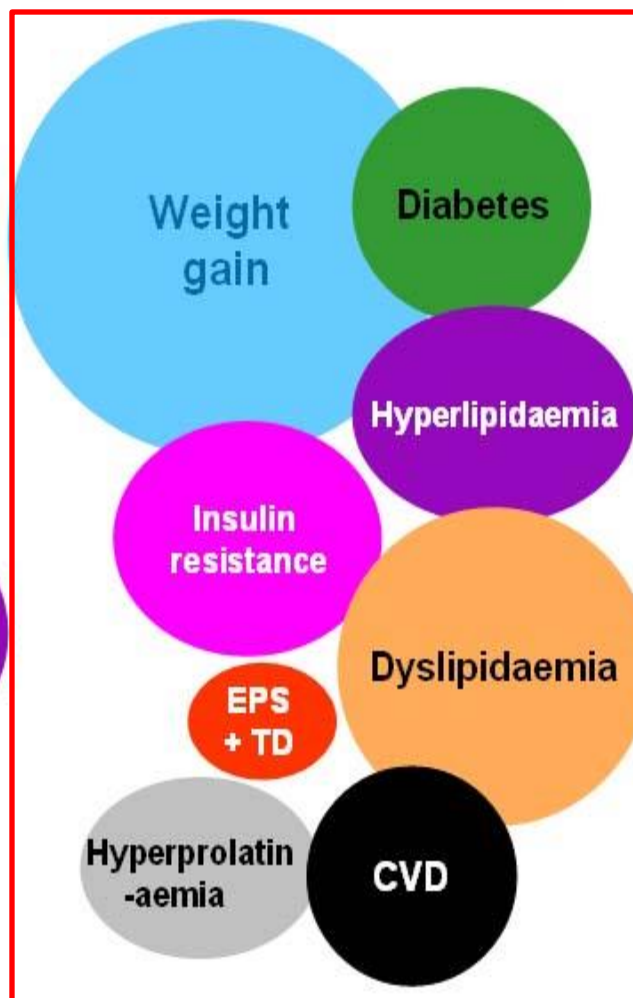
# Sviluppo cronologico dei farmaci antipsicotici



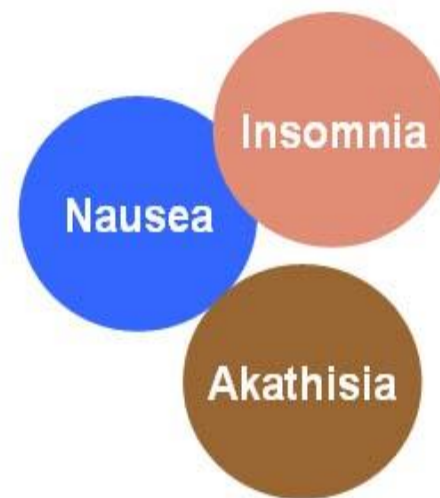
## Typical antipsychotic



## Second-generation Antipsychotics



## Dopamine partial agonist



*Non si tratta di una classe omogenea*

CVD = cardiovascular disease; EPS = extrapyramidal symptoms; TD = tardive dyskinesia

Lieberman J et al. *Pharmacol Rev* 2008;60:358–403; Young A et al. *Br J Psychiatry* 2009;194:40–8;

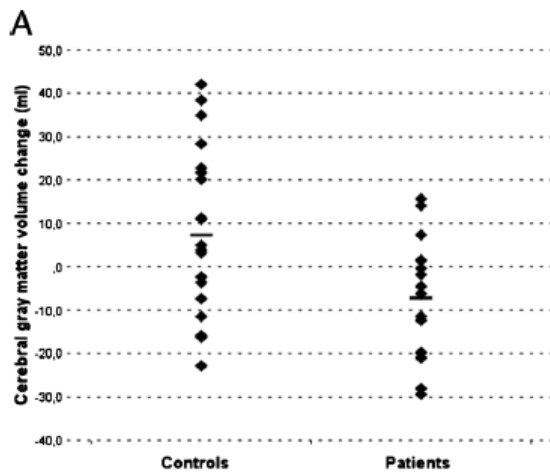
Daniel D et al. *J Psychiatr Pract* 2007;13:170–7

# Brain Volume Changes After Withdrawal of Atypical Antipsychotics in Patients With First-Episode Schizophrenia

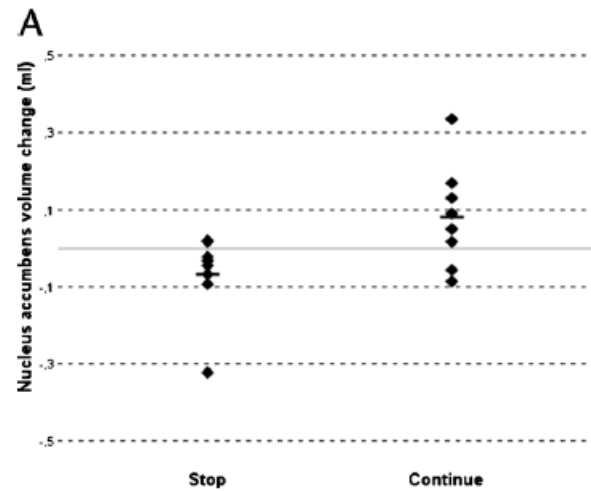
*Geartsje Boonstra, MD, MSc,\*† Neeltje E.M. van Haren, PhD,\* Hugo G. Schnack, PhD,\*  
Wiepke Cahn, MD, PhD,\* Huibert Burger, MD, PhD,†‡ Maria Boersma, MSc,\* Bart de Koon, MSc,\*  
Diederick E. Grobbee, MD, PhD,† Hilleke E. Hulshoff Pol, PhD,\* and René S. Kahn, MD, PhD\**

*(J Clin Psychopharmacol 2011;31: 146–153)*

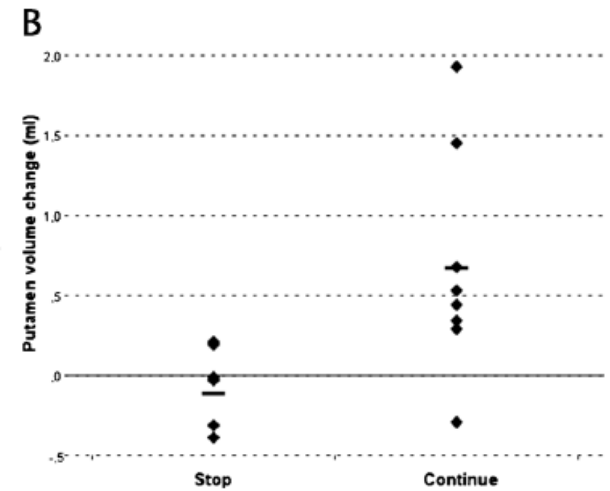
## Gray matter



## Nucleus accumbens



## Putamen



**This study examined the effect of discontinuation of atypical antipsychotic medication on brain volume change during a 1-year interval in remitted and stable patients with first-episode Schizophrenia**

Decreases in the nucleus accumbens and putamen volumes during the interval in patients who discontinued antipsychotic medication

***Secondary prevention in schizophrenia ?***

## The Effect of Antipsychotic Treatment on Cortical Gray Matter Changes in Schizophrenia: Does the Class Matter? A Meta-analysis and Meta-regression of Longitudinal Magnetic Resonance Imaging Studies

Antonio Vita, Luca De Peri, Giacomo Deste, Stefano Barlati, and Emilio Sacchetti

### ABSTRACT

**BACKGROUND:** Deficits in cortical gray matter (GM) have been found in patients with schizophrenia, with evidence of progression over time. The aim of this study was to determine the role of potential moderators of such changes, in particular of the amount and type of antipsychotic medication intake.

**METHODS:** Longitudinal magnetic resonance imaging studies comparing changes in the volume of cortical GM over time between patients with schizophrenia and healthy control subjects published between January 1, 1983, and March 31, 2014, were analyzed. Hedges'  $g$  was calculated for each study and volume changes from baseline to follow-up were analyzed. Meta-regression statistics were applied to investigate the role of potential moderators of the effect sizes.

- Eighteen studies involving **1155 patients with Schizophrenia (SCH)** and **911 healthy control** subjects were included

# The Effect of Antipsychotic Treatment on Cortical Gray Matter Changes in Schizophrenia: Does the Class Matter? A Meta-analysis and Meta-regression of Longitudinal Magnetic Resonance Imaging Studies

- A significantly high **loss of total cortical GM volume** in patients with SCH was **related to cumulative antipsychotic intake** during the interval between scans
- **More progressive GM loss correlated with higher mean daily** antipsychotic intake in patients treated with at least one **first-generation antipsychotic**
- **Less progressive GM loss correlated with higher mean daily** antipsychotic intake in patients treated only with **second-generation antipsychotics**



## Neuroprotective effects of the second generation antipsychotics

Alexander T. Chen<sup>a</sup>, Henry A. Nasrallah<sup>b,\*</sup>

CATIE AND CUTLASS studies did not investigate any differential neuroprotective or neurotoxic effects across the **FGAs** and **SGAs**

**Table 1**

SGAs included and their proposed mechanisms of neuroprotection.

### SGAs represented in included studies

Aripiprazole  
Clozapine  
Lurasidone  
Olanzapine  
Paliperidone  
Perospirone  
Quetiapine  
Risperidone  
Ziprasidone

### SGA mechanisms of neuroprotection

Attenuate brain damage after ischemic stroke  
Decrease TNF- $\alpha$  and nitric oxide release in the presence of interferon- $\gamma$   
Increase BDNF  
Increase NGF  
Increase oligodendrocyte regeneration and myelin repair  
Increase OPC differentiation into mature oligodendrocytes  
Neurogenesis  
Prevent cortical grey matter loss  
Prevent myelin breakdown and oligodendrocyte loss  
Protect against cell death related to NMDA receptor dysfunction  
Protect against glutamate toxicity  
Protect against oxidative stress  
Reverse altered/weakened antioxidant defense  
Reverse dendritic changes

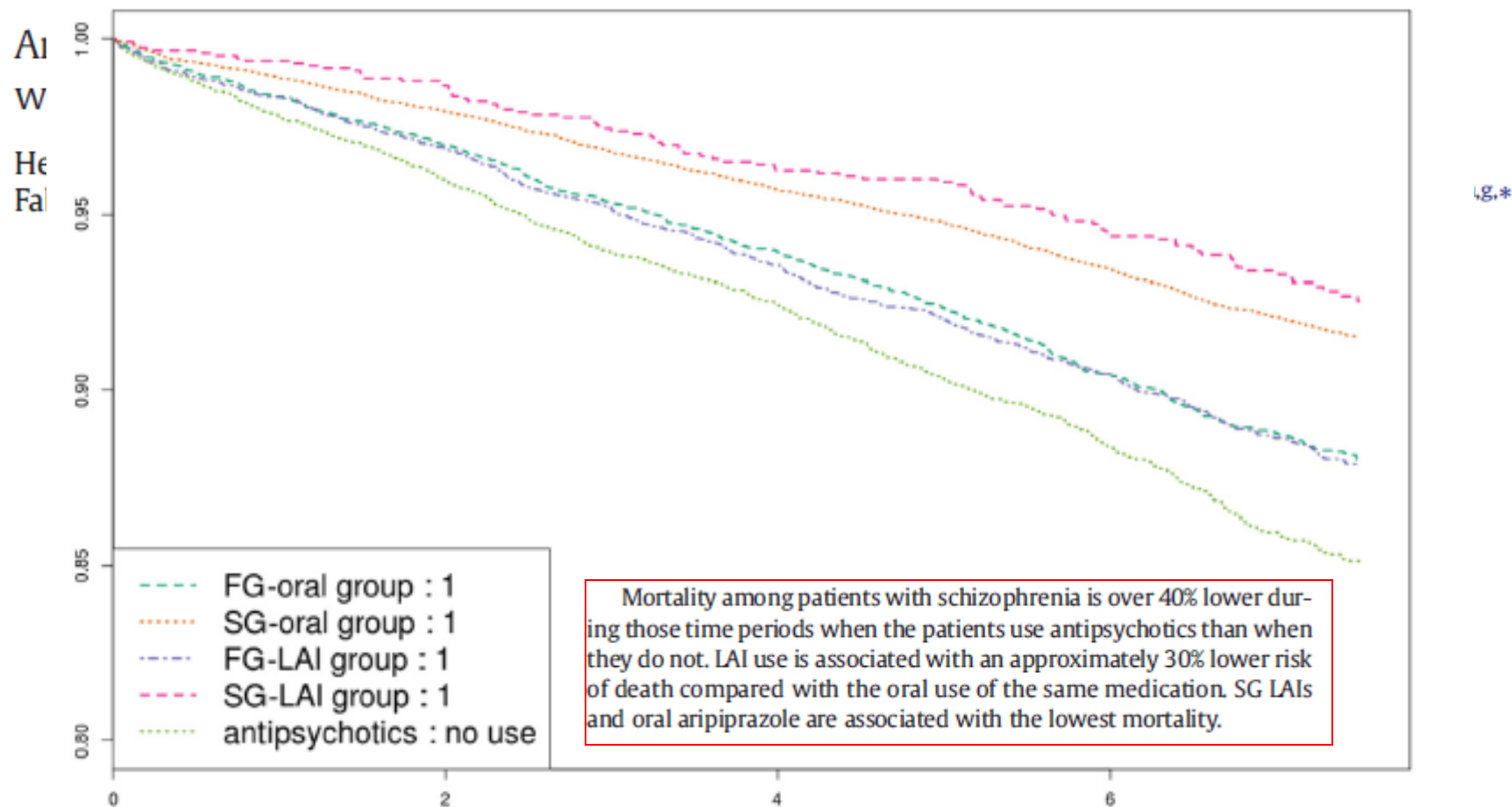
**SGAs are associated with multiple neuroprotective properties via 14 different molecular mechanisms,**



ELSEVIER

Contents lists available at ScienceDirect

## Schizophrenia Research

journal homepage: [www.elsevier.com/locate/schres](http://www.elsevier.com/locate/schres)

# Triple advantages of injectable long acting second generation antipsychotics: Relapse prevention, neuroprotection, and lower mortality

Henry A. Nasrallah

Schizophrenia Research 197 (2018) 69–70



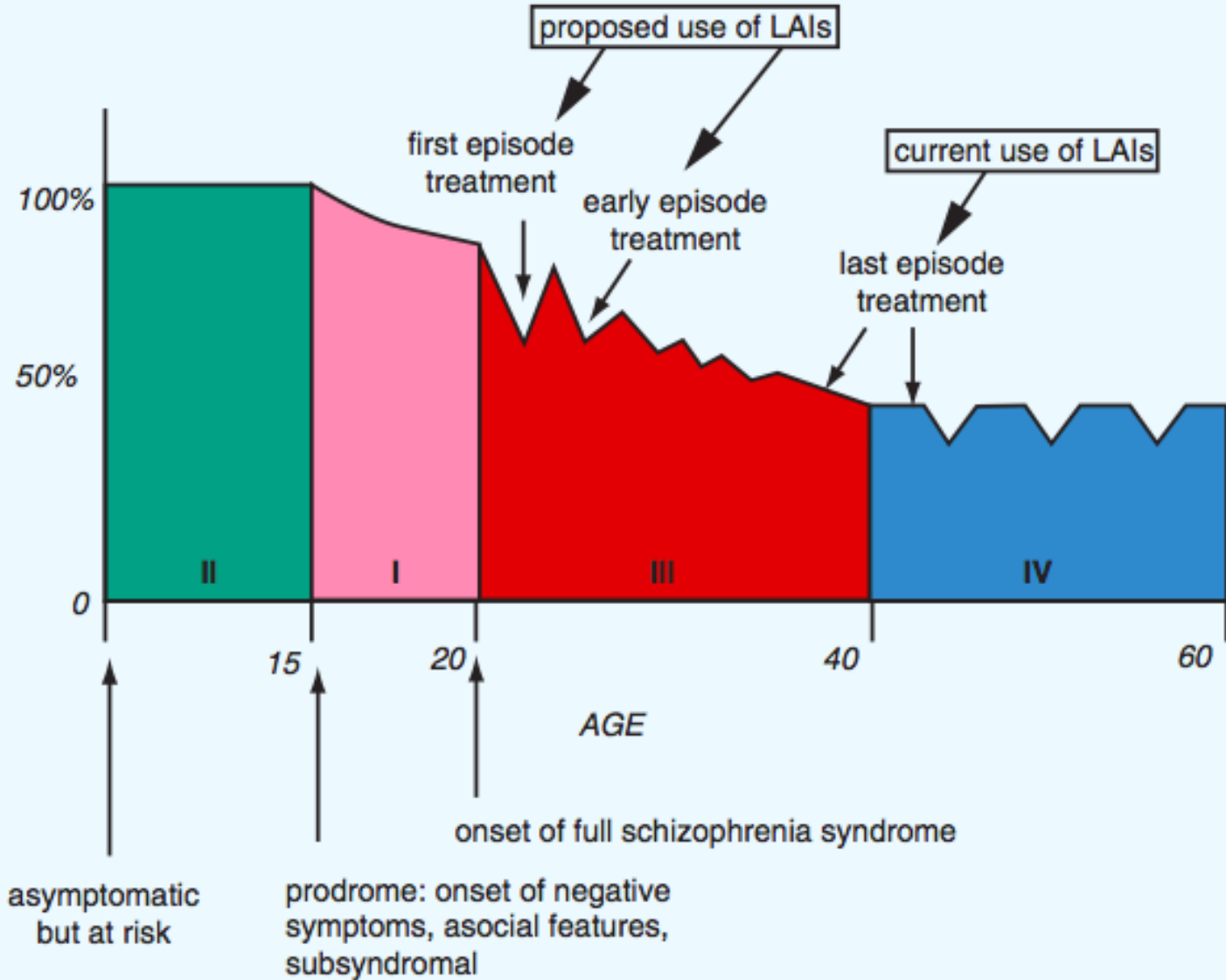
Department of Psychiatry and Behavioral Neuroscience, Saint Louis University School of Medicine, Saint Louis, MO, USA

It is particularly interesting to note that the cohort of non-first episode patients (followed for 7 years) in this analysis were severely ill, with high rates of drug abuse and suicidal tendency. It could imply that using **SGA-LAI in first episode schizophrenia (FES) may have a disease-modifying effect on symptoms, functional outcome, and mortality** in the following reasons:

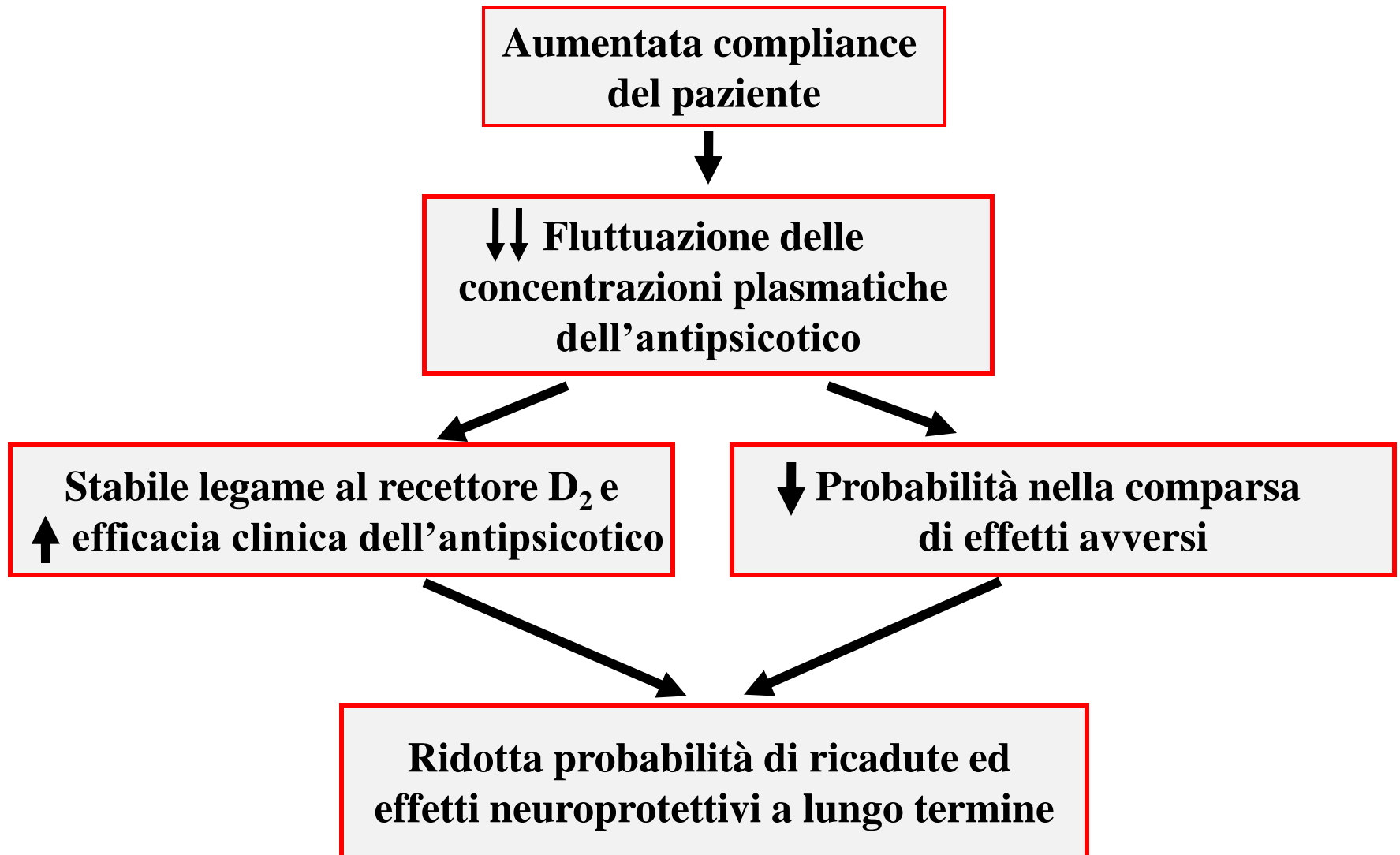
- High remission rates in FES patients with reduced response to SGA-LAI after an interval of oral therapy (-16%) (Emsley et al. 2008);
- Brain volume continues to decrease in schizophrenic patients receiving FGA but not SGA (Vita et al., 2015).
- **The LAI-SGA paliperidone palmitate has the lowest mortality in this study (with therapeutic doses lower than oral doses), beyond being a neuroprotective SGA (Gasso et al., 2012) and an adherence- ensuring LAI that reduce the risk of neurotoxic psychotic relapse compared to oral antipsychotics**
- **Future studies with another neuroprotective SGA-LAI (Aripiprazole) are needed.**

# ***Second generation LAI antipsychotics: shall the last be first?***

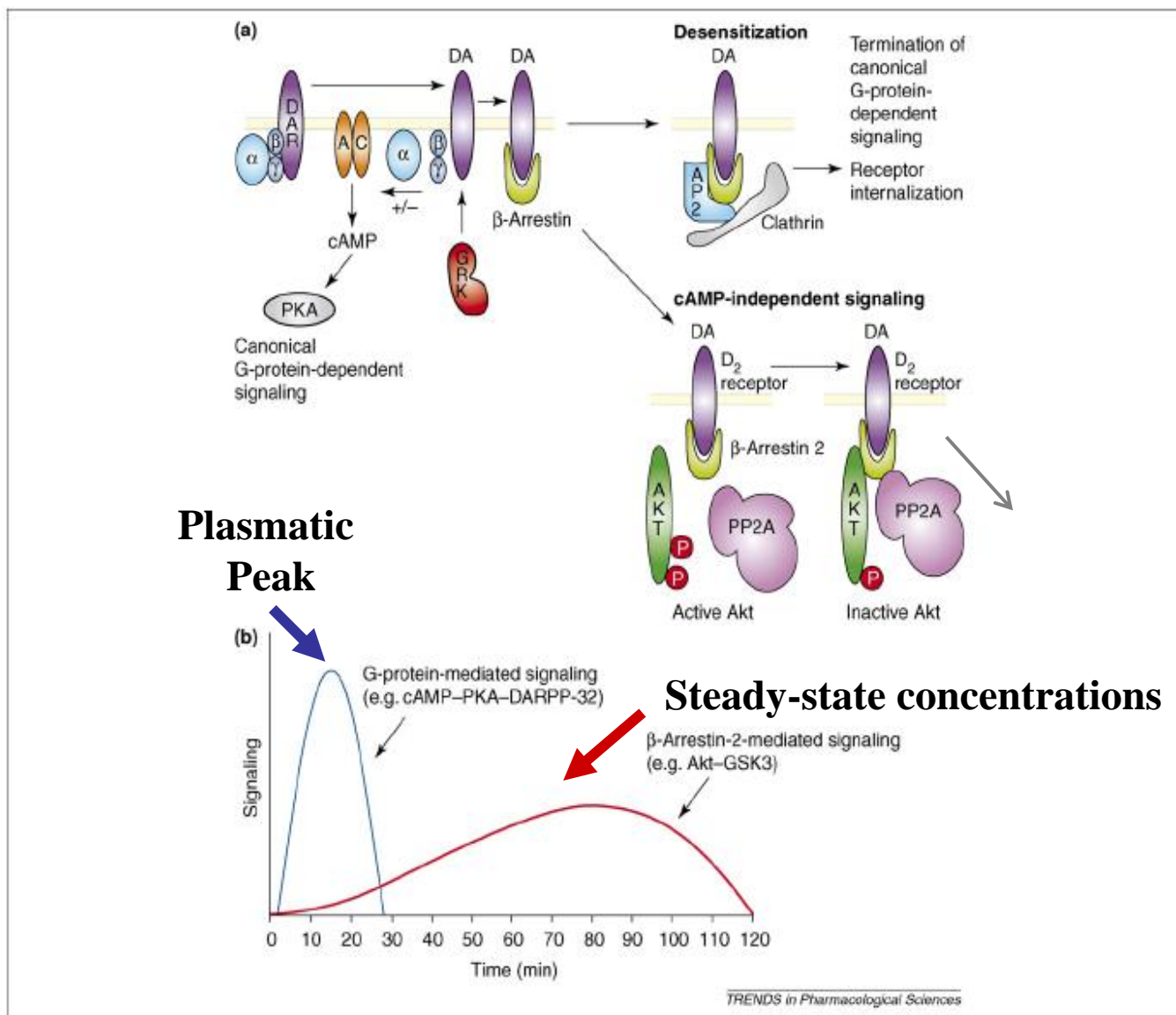
**Stephan M. Stahl, CNS Spectrum, 2014**



# Effetti di un' aumentata compliance sulle concentrazioni plasmatiche e sull'efficacia clinica di un antipsicotico

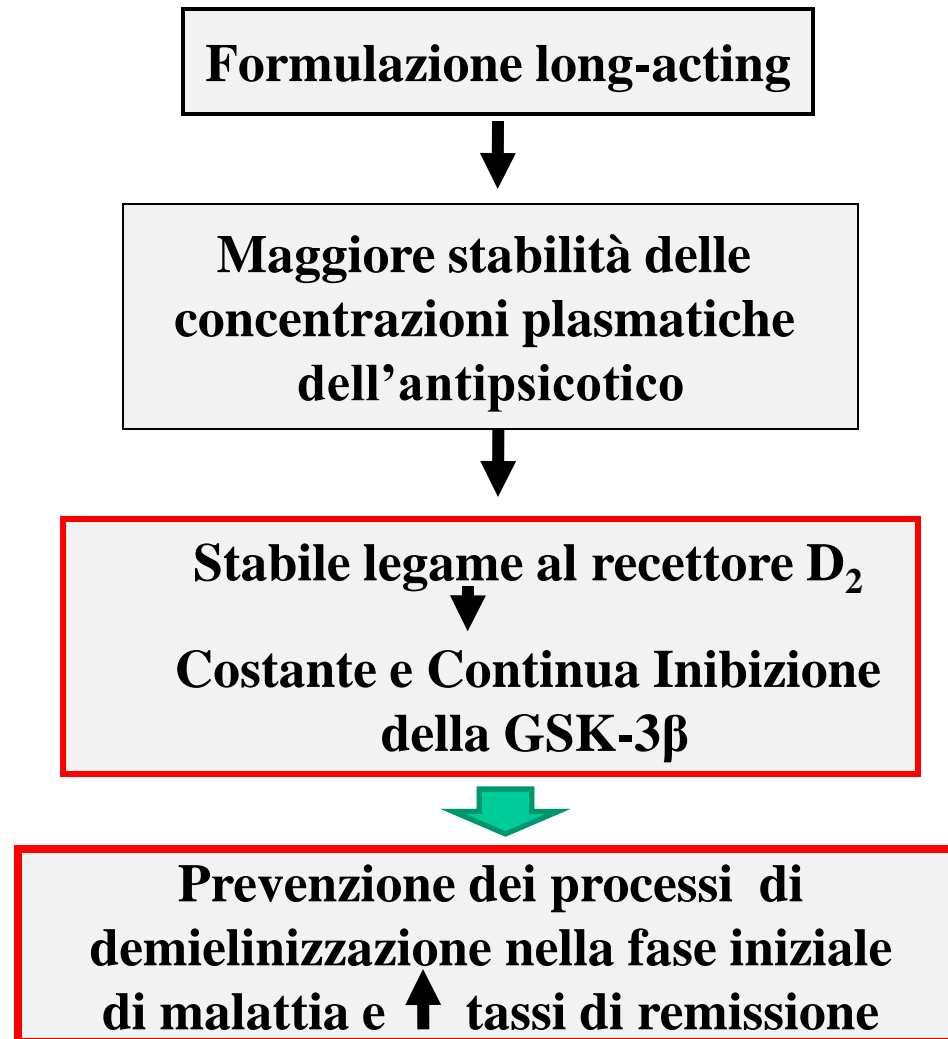


# ***Può una differente farmacocinetica determinare una diversa risposta farmacodinamica degli antipsicotici ?***



# Effetti di una formulazione LAI sui processi di mielinizzazione:

## *Possibili strategie di prevenzione secondaria nella fase iniziale della schizofrenia*



# *Antipsychotic drugs in mechanisms of Neurodegeneration/neuroprotection*

## *1. Classical vs. Atypical*

## *2. Oral vs. LAI*

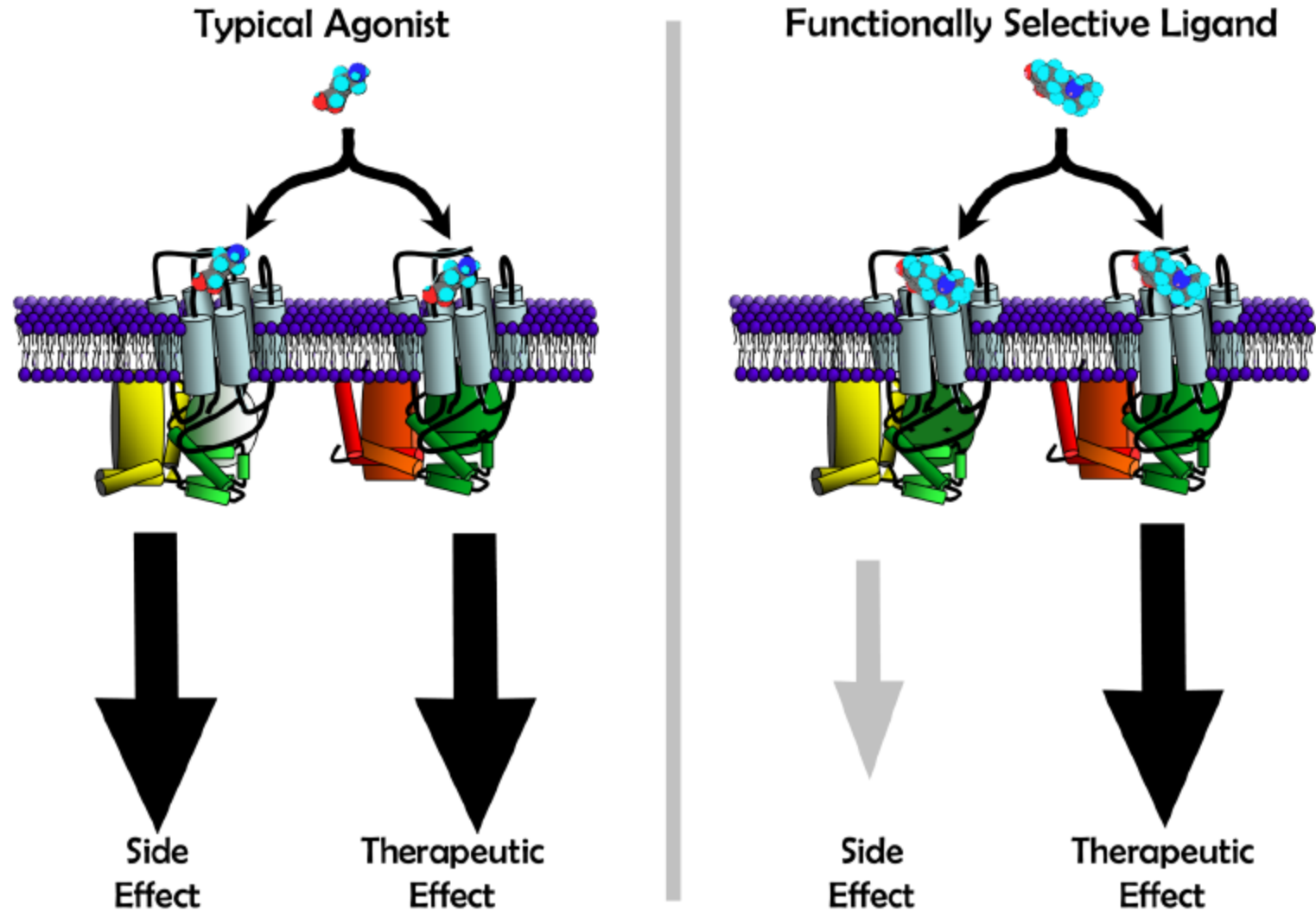




# Third generation antipsychotic drugs: partial agonism or receptor functional selectivity?

*Curr Pharm Des.* Author manuscript; available in PMC 2011 January 1.

Richard B. Mailman and Vishakantha Murthy

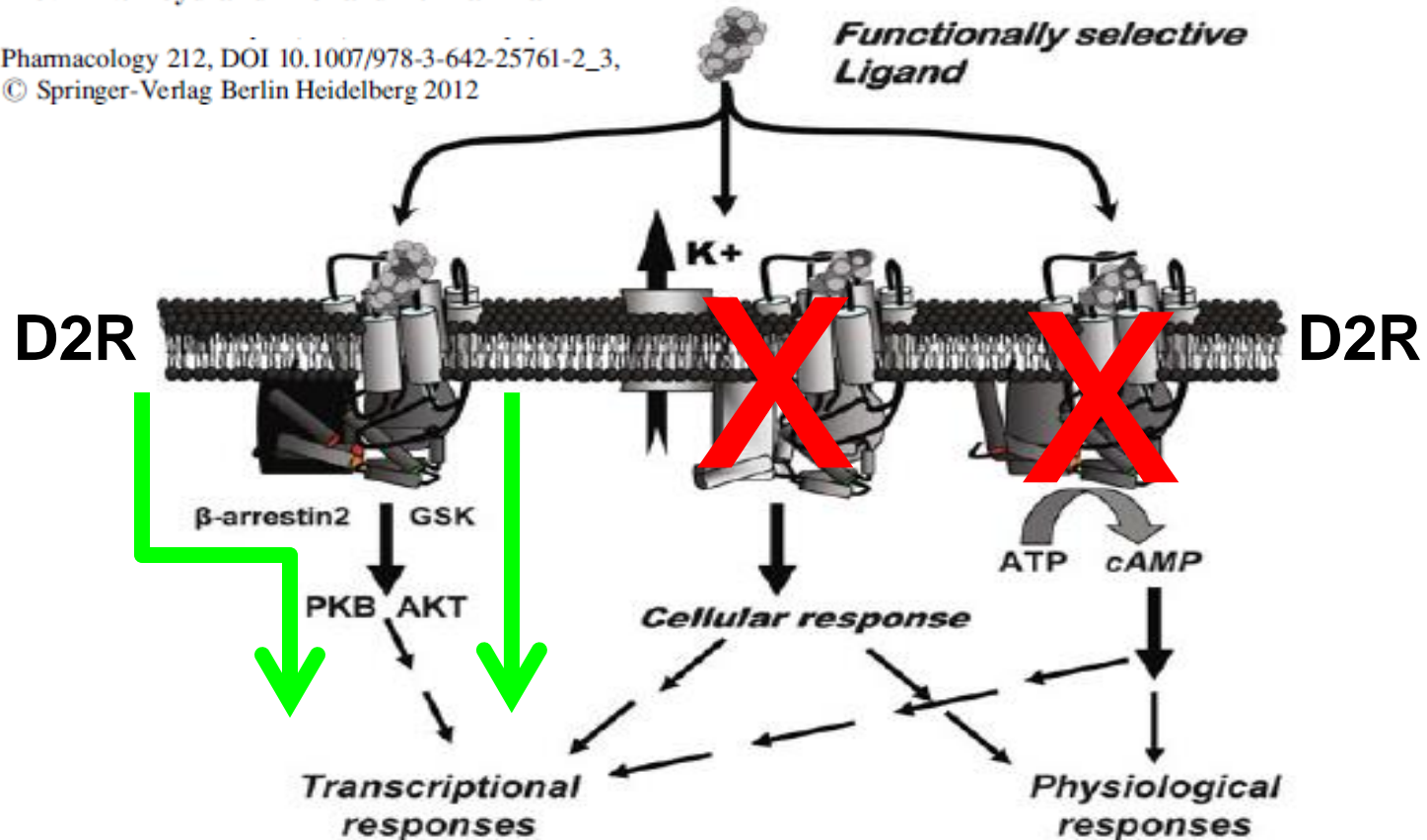


# ***Il concetto “innovativo” di selettività funzionale in neuropsicofarmacologia***

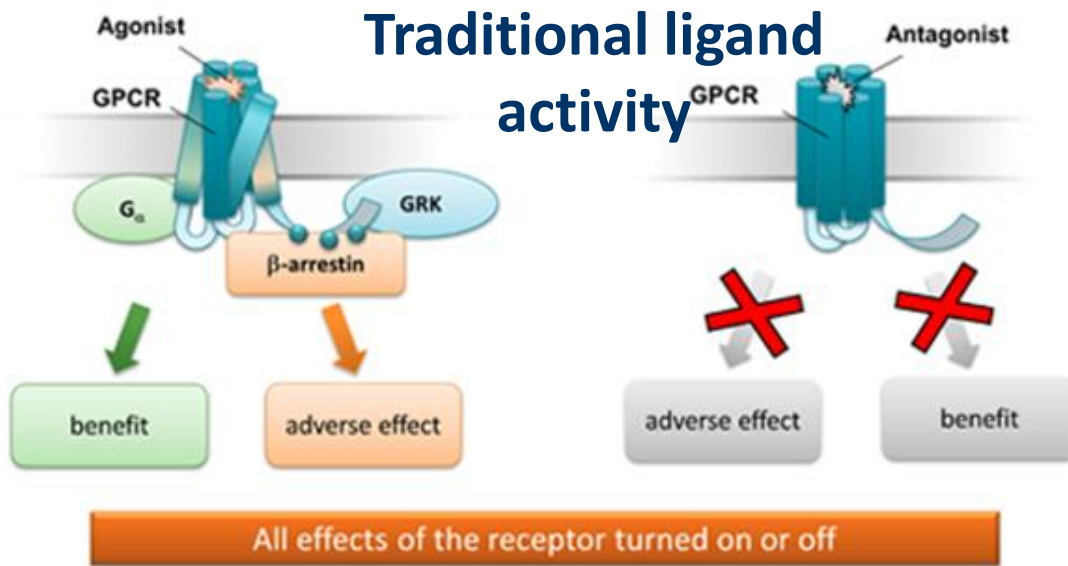
## ***Implicazioni per la pratica clinica***

- Ligands could induce an essentially limitless number of conformational states of a target receptor, which could cause markedly different effects on receptor signaling partners (Mailman et al.2012).
- Functional selectivity means that a drug may have different actions at different signaling pathways mediated by the same receptor (e.g., a ligand could be an agonist at one pathway and an antagonist at another).
- Drugs that are functionally selective will have different intrinsic activity on different signaling pathways (agonist, partial agonist, antagonist, or inverse agonist)
- Functionally selective ligands induce unique conformational states of a receptor that are distinct from those caused either by the endogenous ligand (e.g. dopamine) or by “classic” antagonists (e.g. neuroleptics).

Kevin N. Boyd and Richard B. Mailman

Pharmacology 212, DOI 10.1007/978-3-642-25761-2\_3,  
© Springer-Verlag Berlin Heidelberg 2012

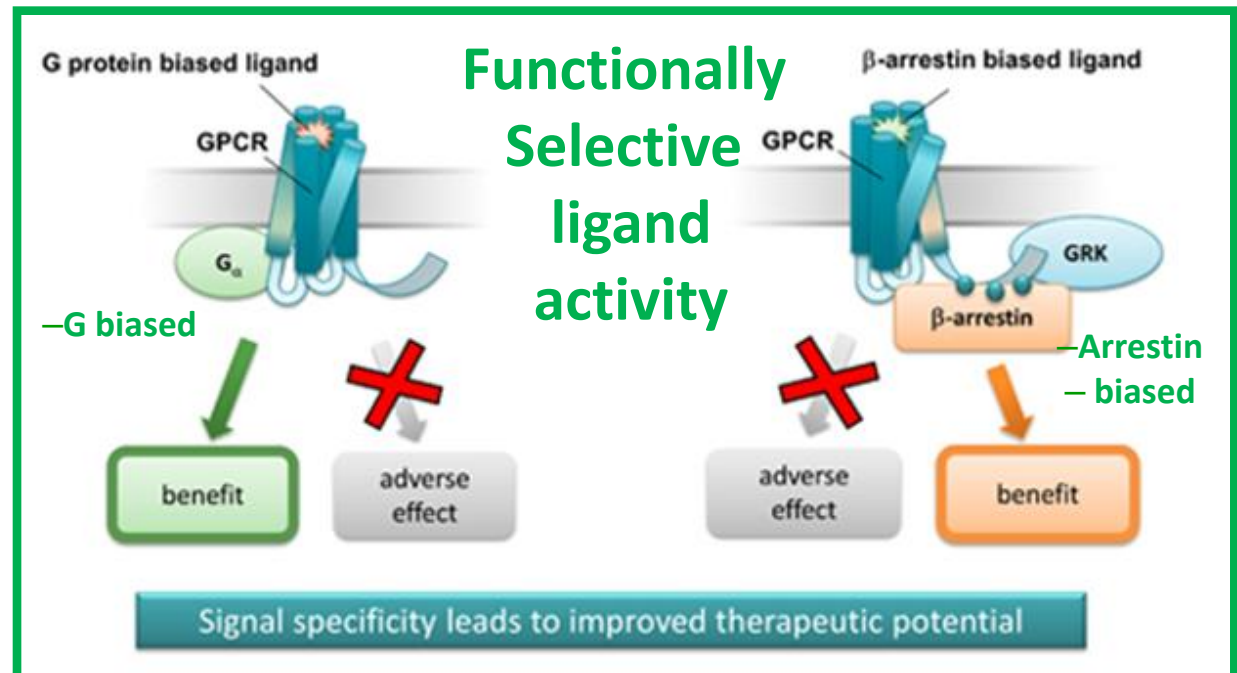
**Fig. 1** The implications of functional selectivity at the dopamine D<sub>2</sub> receptor are illustrated in this *cartoon*. Functionally selective drugs, unlike dopamine, might differentially affect both canonical and noncanonical signaling pathways. This could result in differential acute effects, which is illustrated by the *center* and *right-hand* aspects of the figure. For example, a ligand would cause differential effects on mediators of acute action (e.g., the dopamine-induced hyperpolarization of a cell mediated via inward-rectifying potassium channels and acute actions of cAMP) as well as the longer term effects of drugs. Thus, changes in transcription initiated by cAMP on mechanisms like CREB could be altered by some drugs in a different manner than receptor-initiated changes in transcription initiated by  $\beta$ -arrestin2/Akt



Il potenziale degli  
*antipsicotici dotati  
di selettività funzionale*



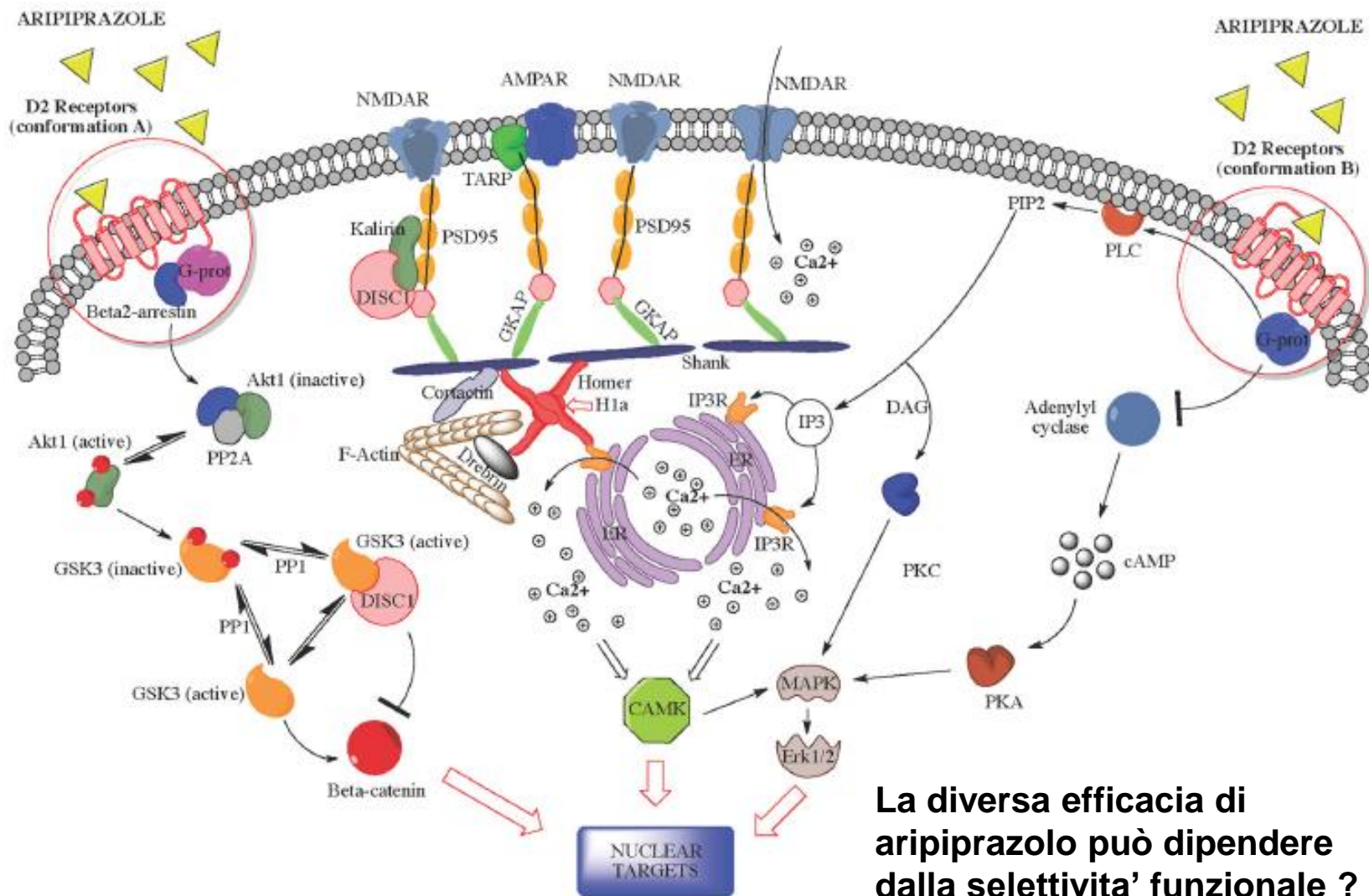
*Maggiore efficacia  
e  
Minori effetti avversi*



# Update on the Mechanism of Action of Aripiprazole: Translational Insights into Antipsychotic Strategies Beyond Dopamine Receptor Antagonism

CNS Drugs (2015) 29:773–799  
DOI 10.1007/s40263-015-0278-3

Andrea de Bartolomeis<sup>1</sup> · Carmine Tomasetti<sup>1</sup> · Felice Iasevoli<sup>1</sup>



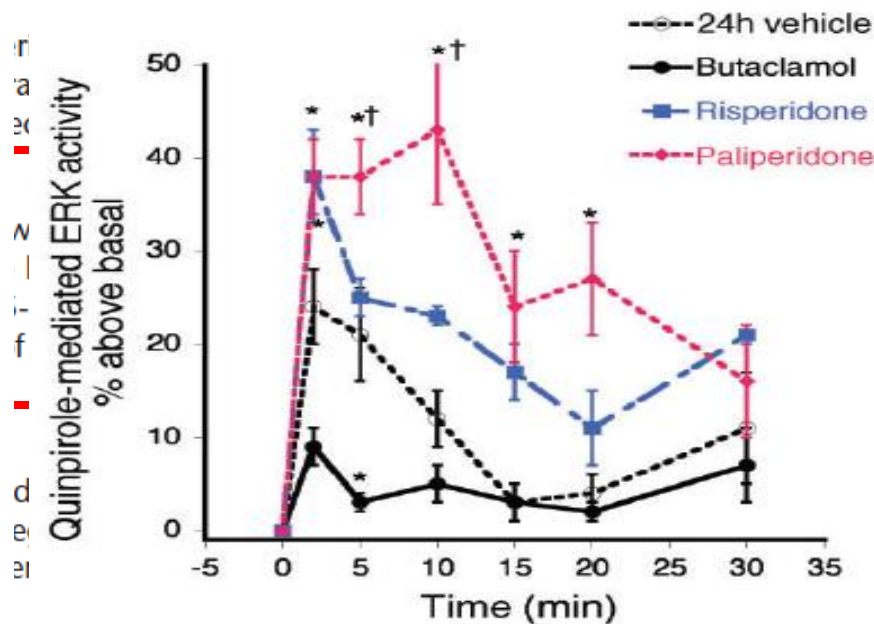
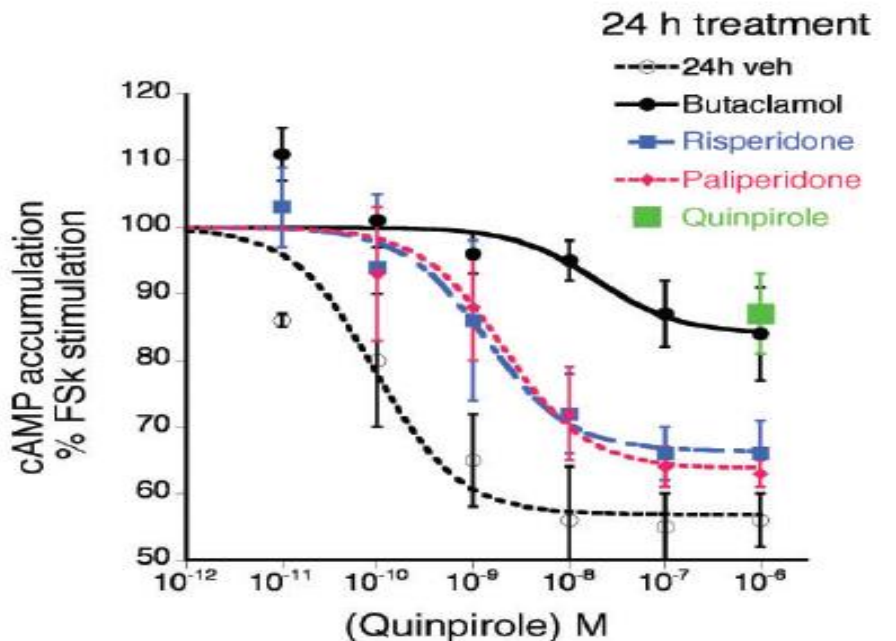
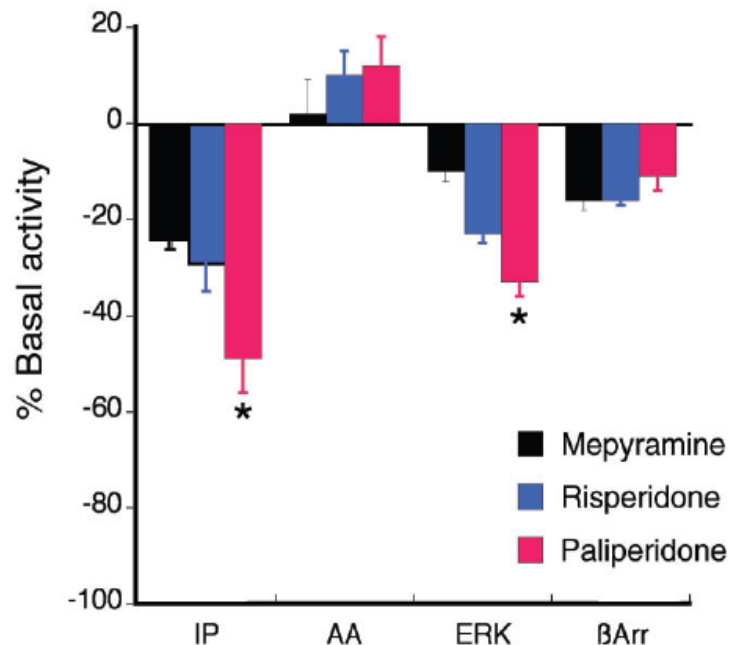
RESEARCH PAPER

# Signalling profile differences: paliperidone versus risperidone

Received  
13 March 2013  
Revised  
20 June 2013  
Accepted  
25 June 2013

W P Clarke, T A Chavera, M Silva, L C Sullivan and K A Berg

Department of Pharmacology, University of Texas Health Science Center, San Antonio, TX, USA



# Long-Acting di seconda generazione

*Vantaggi farmacocinetici o anche farmacodinamici ?*

Migliorare la compliance



Minore frequenza di somministrazioni

Possibilità d'uso in pazienti non collaboranti

Migliorare il profilo farmacocinetico



Rapido raggiungimento di concentrazioni efficaci (in acuto)

Concentrazioni plasmatiche di equilibrio meno soggette a fluttuazioni (in cronico)

Migliorare il profilo farmacodinamico



Interazione stabile con il recettore  $D_2$

Attivazione del signaling di AKT/beta arrestina

# New second-generation long-acting injectable antipsychotics for the treatment of schizophrenia

*Expert Rev. Neurother.* 13(7), 767–783 (2013)

**Leslie Citrome**

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Long-acting injectable (depot) antipsychotics are one approach in the management of individuals with schizophrenia. Since the introduction of risperidone long-acting injection in 2003, three additional second-generation antipsychotics have become available in a long-acting injectable formulation: paliperidone, olanzapine and aripiprazole. Although these different depot options can help with adherence and thus encourage better treatment outcomes, they differ in terms of specific indications, approved injection sites, needle gauge, injection volume, injection interval, requirements for oral supplementation, availability of prefilled syringes, storage needs and postinjection observation period, as well as potential drug–drug interactions and commonly encountered adverse reactions. After a review of the evidence base, guidance is offered on the appropriate selection among the long-acting injectable formulations of both first and

**Long-acting antipsychotic therapy may be best suited for patients in the early stage of schizophrenia, when the most can be done before disease progression associated with poor adherence occurs**



# New second-generation long-acting injectable antipsychotics

## Box 1. Guidance on the selection of a long-acting injectable antipsychotic.

**Is the patient demonstrating adequate efficacy and tolerability on oral fluphenazine, haloperidol, risperidone, paliperidone, olanzapine or aripiprazole?**

- Switch to the corresponding LAI formulation using the dosing-conversion information contained in the product labeling. For patients receiving oral risperidone, consider using PLAI for convenience (no requirement for oral supplementation upon initiation, less frequent injections, supplied in prefilled syringes, smaller needle bore, lower injection volume, no requirement for refrigeration). For patients receiving oral fluphenazine or haloperidol, weigh the potential disadvantages of using concomitant oral anticholinergics for the management of motoric adverse effects – these agents add complexity to the regimen (an oral tablet/capsule) and anticholinergic agents can interfere with memory and other cognitive functions

**Is the patient being treated acutely?**

- Consider LAI antipsychotics that do not require oral supplementation and where the clinical trials have demonstrated acute efficacy – namely PLAI and OLAI

**Are weight gain and metabolic adverse effects a concern for this individual patient?**

- Consider ALAI, PLAI and RLAI among the second-generation LAI antipsychotics, in that order. Also consider first-generation LAI antipsychotics

**Is prolactin elevation a clinical concern for this individual patient?**

- Consider ALAI. Avoid PLAI, RLAI or first-generation LAI antipsychotics

**Is cost the primary concern?**

- The first-generation LAI antipsychotics may be the only option available. There remains a need to weigh the potential disadvantages of using concomitant oral anticholinergics for the management of motoric adverse effects – these agents add complexity to the regimen (an oral tablet/capsule) and anticholinergic agents can interfere with memory and other cognitive functions

**Are any of the following people or entities not enrolled in the OLAI Patient Care Program: patient, prescriber, healthcare facility, pharmacy?**

- OLAI cannot be used

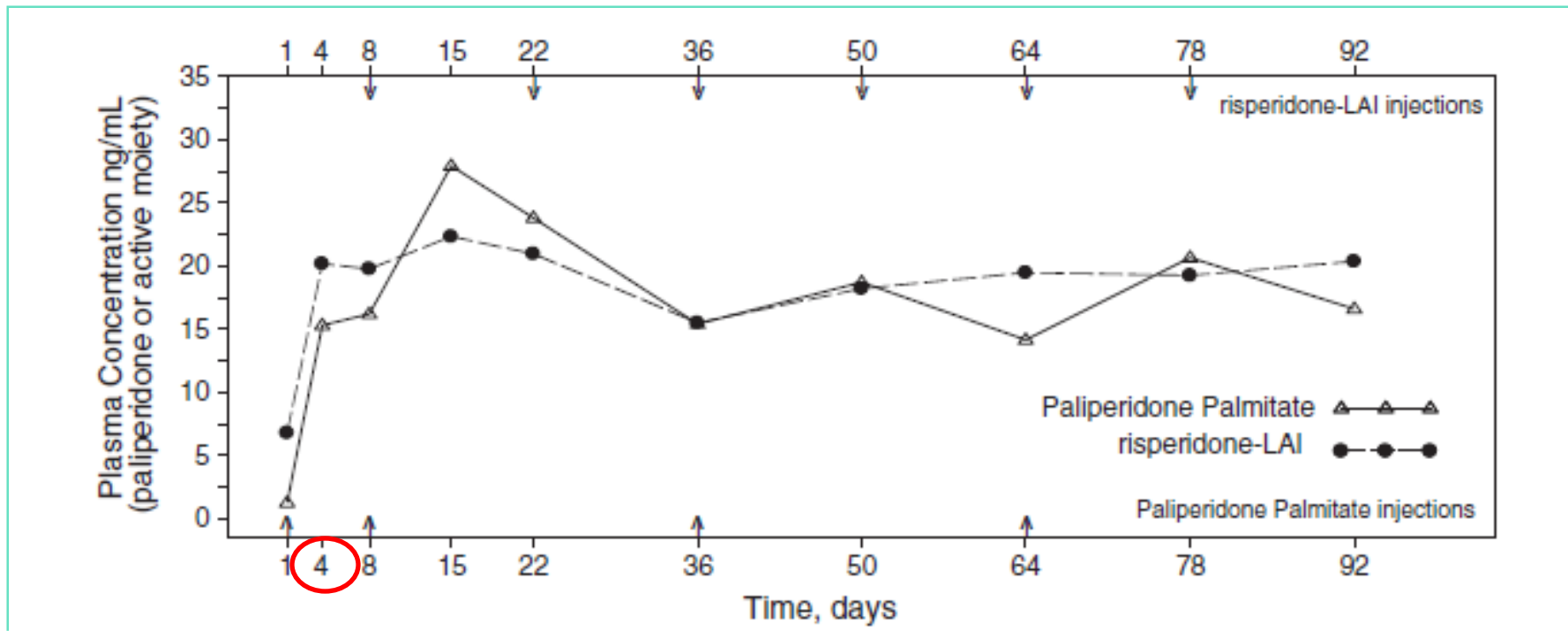
# Antipsicotici LAI

## Confronto dei parametri farmacocinetici

	Risperidone LAI	Paliperidone palmitato 1M	Paliperidone palmitato 3M	Olanzapina pamoato	Aripiprazolo LAI
<b>T<sub>max</sub> (giorni)</b>	28-35	13-17	30-33	2-4	5-7
<b>Emivita (giorni)</b>	4-6	25-49	84-95 (deltoide) 118-139 (gluteo)	14-28	30-46
<b>Tempo per steady-state</b>	6-8 settimane	4-6 settimane	-	3 mesi	3-4 mesi
<b>Enzimi metabolizzanti</b>	CYP2D6 CYP3A4	Prevalente escrezione renale	<i>Prevalente escrezione renale</i>	CYP1A2 UGT1A4 CYP2D6	CYP2D6 CYP3A4
<b>Metaboliti attivi</b>	Paliperidone			-	Deidro- aripiprazolo

LAI bypass the initial deactivating process by avoiding first-pass metabolism in the liver ➡ Increased bioavailability ➡ reduced dosage/month

# *Pharmacokinetic profile of Paliperidone palmitate*



## **The initial dosing regimen**

**[two initial deltoid IM injections of 150 mg eq. on Day 1 and 100 mg eq. on Day 8] leads to therapeutic plasma concentrations (above 7.5 ng/ml) from day 4**



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### Pharmacokinetics, tolerability and safety of aripiprazole once-monthly in adult schizophrenia: An open-label, parallel-arm, multiple-dose study☆☆



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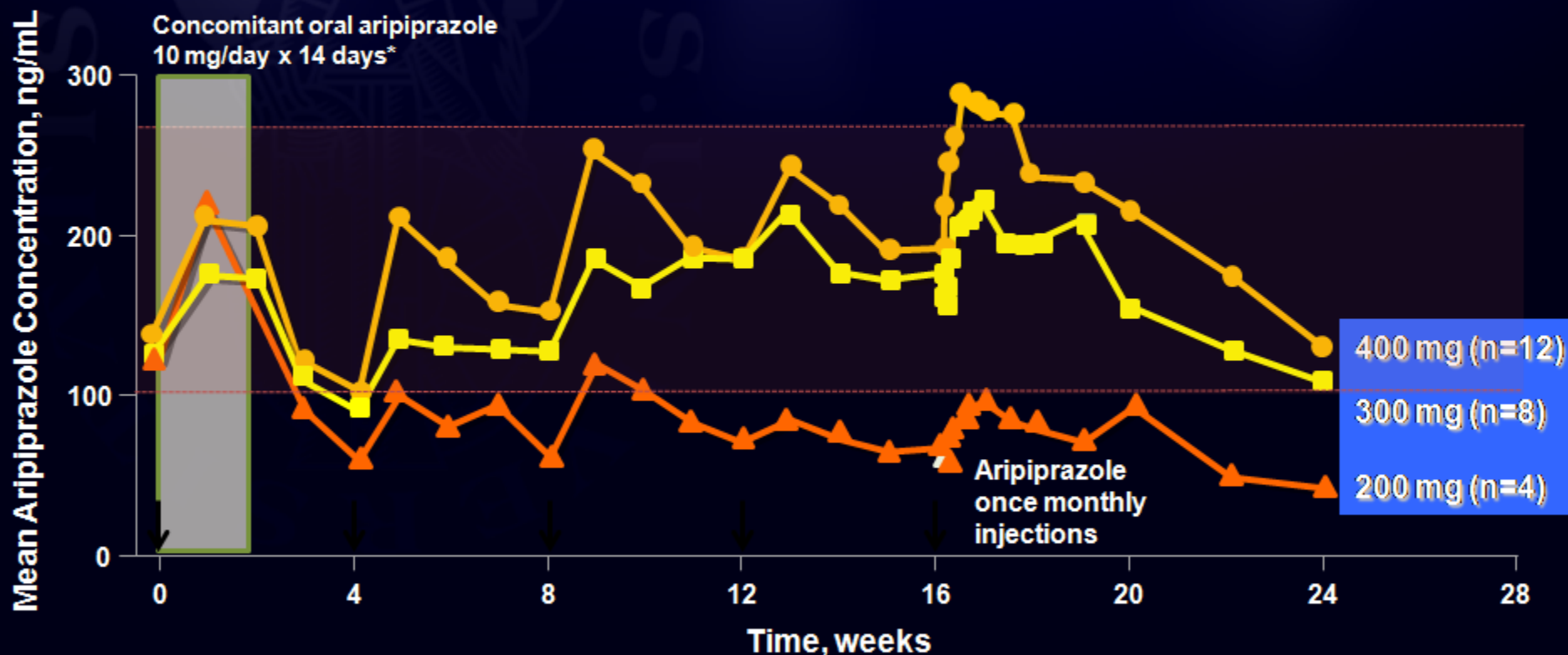
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# Pharmacokinetic Study of Aripiprazole Once Monthly

Phase 1b open-label study in patients with schizophrenia (N=41)



\*After the first aripiprazole once monthly injection, continue treatment with oral aripiprazole or other oral antipsychotic for 14 consecutive days to maintain therapeutic antipsychotic concentrations during initiation of therapy.

# Novel emerging pharmacological entities: to achieve faster efficacy and significantly shorten or eliminate oral supplementation during the initiation phase

**TABLE 5. Selected novel and emerging pharmacological treatments for schizophrenia targeting the amelioration of antipsychotic non-adherence and body weight gain**

References	Total N	Trial duration	Active group(s)	Comparison(s) groups	Results	Comments
<i>Aripiprazole Lauroxil (AL) NanoCrystal® Dispersion (Aripiprazole Lauroxil NCD; Aristada Initio)</i> Walling et al. (2018) <sup>100</sup>	161	3 weeks	AL 441 mg/1-day (n=39) AL 882 mg/1-day (n=41)	AL 441 mg/21-days (n=40) AL 882 mg/21-days (n=41)	N/A N/A	<i>Positive study:</i> The 1-day regime groups had comparable aripiprazole exposure to the corresponding 21-day group.
<i>Risperidone ISM® (Doria®)</i> <a href="https://clinicaltrials.gov/ct2/show/results/NCT03160521">https://clinicaltrials.gov/ct2/show/results/NCT03160521</a> <sup>114,115</sup>	438	12 weeks	Risperidone ISM 75 mg/day (n=N/Av) Risperidone ISM 100 mg/day (n=N/Av)	Placebo (n=N/Av)	PANSS total Risperidone ISM 75 mg vs. placebo p <.0001 Risperidone ISM 100 mg vs. placebo p <.0001  CGI-S Risperidone ISM 75 mg vs. placebo p <.0001 Risperidone ISM 100 mg vs. placebo p <.0001	<i>Positive study:</i> Risperidone was significantly superior to placebo in PANSS total and CGI-S scores.
<i>Perseris™ Risperidone (RBP-7000)</i> Nasser et al. (2016) <sup>109</sup>	337	8 weeks	RBP-7000 90 mg/day (n=111) RBP-7000 120 mg/day(n=114)	Placebo (n=112)	PANSS total RBP-7000 90 mg vs. placebo p=.0004 RBP-7000 120 mg vs. placebo p <.0001  PANSS negative RBP-7000 90 mg vs. placebo, p=.186 RBP-7000 120 mg vs. placebo, p=.039  PANSS positive RBP-7000 90 mg vs. placebo, p=.0003 RBP-7000 120 mg vs. placebo, p <.0001	<i>Positive study:</i> RBP-7000 was significantly superior to placebo on the PANSS total, positive, and general score, as well as on the CGI-S. RBP-7000 was not superior to placebo on the PANSS negative subscale score.

Based on the in-situ formation of biodegradable matrices after the administration of a liquid carrier. Due to its special characteristics, therapeutic antipsychotic blood levels are achieved rapidly...

*Metabolizzatori rapidi*

CYP2D6\*1/CYP2D6\*2

*Metabolizzatori lenti (3-5% caucasici)*

CYP2D6\*3, CYP2D6\*4, CYP2D6\*5, CYP2D6\*6

*Metabolizzatori intermedi*

CYP2D6\*10, CYP2D6\*17, CYP2D6\*41

*Metabolizzatori ultrarapidi (ca. 3-4% caucasici)*

CYP2D6\*1 o 2xN (15-20% Etiopi, Algerini)

***Inibitori CYP2D6 da evitare:***

*Chinidina, Celecoxib, Amiodarone, Terbinafina,  
Paroxetina, Fluoxetina, Bupropione, Duloxetina,  
Aloperidolo, Levomepromazina*

## Genotype and co-medication dependent CYP2D6 metabolic activity: effects on serum concentrations of aripiprazole, haloperidol, risperidone, paliperidone and zuclopenthixol



Pattect Lisbeth<sup>1</sup> · Haufroid Vincent<sup>2,3</sup> · Maudens Kristof<sup>1</sup> · Sabbe Bernard<sup>4,5</sup> · Morrens Manuel<sup>4,6</sup> · Neels Hugo<sup>1,7</sup>

**Results** Overall, 6.1 % UM ( $n = 5$ ), 25.6 % EM-f ( $n = 21$ ), 46.3 % EM-s ( $n = 38$ ), 1.2 % EM-s/EM-f ( $n = 1$ ), 6.1 % IM ( $n = 5$ ), and 14.6 % PM ( $n = 12$ ) were found, taking co-administration of strong and moderate CYP2D6 inhibitors into account (phenoconversion). It was demonstrated that CYP2D6 polymorphisms affect the serum concentrations of aripiprazole ( $n = 18$ ), haloperidol ( $n = 11$ ), risperidone ( $n = 20$ ), and zuclopenthixol ( $n = 6$ ), while no influence was seen on the paliperidone serum concentrations ( $n = 31$ ).

**Purpose** Therapeutic drug monitoring (TDM) of antipsychotics can aid in therapy optimization, explaining adverse effects or non-response. One reason for therapeutic failure or adverse effects is caused by genetic variations in the cytochrome P450 drug-metabolizing genes. The aim of this study was to evaluate the impact of CYP2D6 polymorphisms on steady-state serum concentrations of antipsychotics metabolized by CYP2D6, taking into account the co-medication with CYP2D6 inhibitors.

**Table 1** Patient demographics and daily dose by analyte

Analyte	Sex	Number	No. of samples	Age		OR/LA/NM ( $n$ )	Dose (mg/day)	
				Median	Range		Median	Range
Aripiprazole	Male	11	18	36	21–66	OR (17)	15.0	5.0–30.0
	Female	7				LA (1)	14.3	
Haloperidol	Male	9	11	25	19–56	OR (4)	6.3	2.5–15.0
	Female	2				LA (7)	3.6	2.7–4.8
Paliperidone	Male	22	32	35	18–64	OR (9)	9.0	6.0–9.0
	Female	10				LA (22)	3.6	1.8–7.1
						OR + LA (1)	14.4	
Risperidone	Male	12	20	43	21–65	OR (9)	3	1.0–6.0
	Female	7				LA (7)	2.7	2.7–4.5
						OR + LA (4)	5.7	5.6–5.8
Zuclopenthixol	Male	4	6	36	30–54	OR (2)	–	15.0–60.0
	Female	2				LA (4)	16.7	16.7–33.3



**Table 4** Median dose, concentration-to-dose ratios (C/D) and metabolite-to-parent ratios (M/P) of aripiprazole (ARI), dehydro-aripiprazole (DARI), haloperidol (HAL), reduced haloperidol (RHAL), risperidone (RIS), paliperidone (PAL) and zuclopenthixol (ZUC) according to CYP2D6

ARI ( <i>n</i> = 18)	<i>n</i>	Dose (mg/day)	C/D ratio ARI (ng/mL/mg)	C/D ratio DARI (ng/mL/mg)	C/D ratio ARI + DARI (ng/mL/mg)	M/P ratio
PM	3	15.0 (14.3–20.0)	15.6 (10.2–19.0)	3.7 (3.6–5.2)	19.2 (13.9–24.2)	0.27 (0.23–0.36)
EM-s	9	15.0 (7.5–30.0)	12.3 (5.8–21.9)	6.3 (3.1–8.2)	20.4 (10.8–29.0)	0.43 (0.32–0.86)
EM-f	5 (4) <sup>a</sup>	15.0 (10.0–30.0)	10.1 (7.4–12.1)	5.0 (4.6–6.6)	16.0 (12.0–16.8)	0.55 (0.38–0.76)
UM	1	25.0	6.1	3.2	9.3	0.52
HAL ( <i>n</i> = 11)	<i>n</i>	Dose (mg/day)	C/D ratio HAL (ng/mL/mg)	C/D ratio RHAL (ng/mL/mg)	C/D ratio HAL + RHAL (ng/mL/mg)	M/P ratio
PM	2	10.0 (5.0–15.0)	0.5 (0.4–0.6)	1.38 (1.27–1.49)	1.88 (1.67–2.09)	2.86 (2.48–3.25)
EM-s	5	3.6 (2.5–7.5)	0.4 (0.2–1.3)	0.16 (0.07–0.21)	0.58 (0.31–1.45)	0.32 (0.14–0.42)
EM-f	3	3.6 (2.7–4.8)	0.5 (0.4–0.5)	0.14 (0.10–0.19)	0.63 (0.57–0.69)	0.37 (0.22–2.76)
UM	1	4.8	0.4	0.11	0.49	0.28
RIS ( <i>n</i> = 20)	<i>n</i>	Dose (mg/day)	C/D ratio RIS (ng/mL/mg)	C/D ratio PAL (ng/mL/mg)	C/D ratio RIS + PAL (ng/mL/mg)	M/P ratio
PM	4 (3) <sup>a</sup>	2.8 (2.7–5.8)	11.4 (6.4–13.8)	2.6 (2.1–4.4)	15.8 (8.6–16.3)	0.33 (0.19–0.38)
IM	2 (1) <sup>b</sup>	4.3 (4.0–4.8)	2.3 (0.3–4.3)	5.4 <sup>b</sup>	9.7 <sup>b</sup>	1.25 <sup>b</sup>
EM-s	11 (10) <sup>b</sup>	3.6 (1.0–5.8)	3.0 (0.2–5.6)	6.7 (3.5–11.6)	8.8 (4.2–16.0) <sup>b</sup>	2.89 (1.55–23.60) <sup>b</sup>
EM-f	2	4.3 (3.0–5.6)	1.2 (1.1–1.2)	9.8 (5.8–13.7)	10.9 (6.9–16.0)	8.17 (5.20–11.14)
UM	1	5.6	0.9	7.5	8.4	8.25
PAL ( <i>n</i> = 31)	<i>n</i>	Dose (mg/day)	C/D ratio PAL (ng/mL/mg)			
PM	4	4.1 (2.7–14.4)	9.6 (2.7–12.8)			
IM	3	5.4 (2.7–9.0)	6.9 (5.9–7.0)			
EM-s	11	3.6 (1.8–9.0)	5.9 (2.2–9.3)			
EM-f	11	6.0 (1.8–9.0)	8.8 (3.5–19.6)			
UM	2	4.8 (3.6–6.0)	4.2 (2.7–5.7)			

# Cytochrome P450–mediated drug metabolism in the brain

Sharon Miksys, PhD; Rachel F. Tyndale, PhD

## ***Variation in brain CYP-mediated metabolism may be a contributing factor when plasma levels do not predict drug response***

**Table 1: Examples of central nervous system–acting substrates for 3 drug-metabolizing cytochromes P450<sup>5,13-18</sup>**

Enzyme	CNS-acting drugs	Endogenous	Other drugs and toxins
CYP2B6	Bupropion, diazepam, ketamine, methadone, meperidine, nicotine, pentobarbital, phencyclidine, propofol, sertraline, selegiline, tramadol	17- $\beta$ estradiol, anandamide, arachidonic acid, estrone, serotonin, testosterone	3,4-methylenedioxy-amphetamine (ecstasy), chlorpyrifos, cyclophosphamide, DEET, efavirenz, ifosphamide, malathion, paraquat, parathion
CYP2D6	Amyltriptyline, brofaromine, clomipramine, codeine, citalopram, clozapine, desipramine, dextromethorphan, ethylmorphine, fluoxetine, fluvoxamine, haloperidol, hydrocodone, imipramine, mianserin, mirtazapine, nicergoline, nortryptaline, oxycodone, paroxetine, perphenazine, risperidone, tramadol, tranylcypromine, venlafaxine, zuclopenthixol	5-methoxytryptamine, anandamide, progesterone, tyramine	MPTP, parathion, tamoxifen
CYP2E1	Enflurane, felbamate, halothane, isoflurane, sevoflurane, trimethadione	17- $\beta$ estradiol, arachidonic acid, estrone, prostaglandin	Acetaminophen, acetone, aniline, benzene, carbon tetrachloride, chloroform, chlozoxazone, ethanol, NNK, phenol, theophylline, trichloroethane

***Changes in brain CYP metabolism can influence drug response, toxicity and drug-induced behaviours***